Prescription Drug Overdose Prevention (PDOP) in Lane County

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Learning Objectives

Participants will be able to:

• Discuss PDO highlights in Lane County
• Describe how Provider Education sessions were conducted.
• Determine how examples might work in other regions.

“Nothing to Disclose”
Highlights of PDO work

- PDO Coordinator hired; identified key community members
- Creation of Pain Guidance group
- PSU site visit September 19, 2017
- Have provided 7 evening educational session for prescribers and other interested professionals
- PDMP work
- Naloxone access in our community
- Website
- Media plan
Lane County Pain Guidance and Safety Alliance

- Formed in April of 2017
- Naloxone and Buprenorphine subgroups
- Essential to planning the educational sessions
Evening education sessions (Fall 2017)

- August 8 Dr. Kevin Cuccaro, DO Understanding Pain and Pain Treatment: Which Comes First? (130 attended)
- September 12 Dr. Jim Shames, MD Pain Treatment: Opioids (99 attended)
- October 10 Dr. Scott Pengelly, PhD Psychology and Stigma of Pain (115 attended)
- November 14 Dr. Todd Korthuis, MD, MPH Buprenorphine Treatment
- CME’s medical, pharmacy, social work, behavioral health, etc.
Evening education sessions (W/S 2018)

- Feb. 13, 2018 Fiona Karbowicz and Jeff L’Hereaux  Naloxone Treatment for Addiction and Pain (targeted to pharmacists)  80 attended
- March 13, 2018 Dr. Bill Walter, ND  Non-Pharmaceutical Treatment Options for Chronic Pain  93 attended
- April 17, 2018 Panel  Treatment and Recovery Options for Opiate Dependence
PDMP

- Last report Lane County had 68.2% enrolled (list 2)
- Report before that had 76% enrolled (list 1)

Why the difference?
- State is using a new system
- 52 prescribers were the same on both lists
- List 1 had a total of 93 prescribers; list 2 has 127
- Between List 1 and List 2, we signed up 15 prescribers for the PDMP

Strategies:
- Contacting all unregistered top prescribers on our list by phone or in person
  - Clinic manager contacts
- Reporting any errors to Drew Simpson at OHA
- New law requiring prescribers to sign up on July 1, 2018
Lane County Prescribing

OR: 182.00
LC: 206.20
Risky Prescribing

OR: 7.027
LC: 8.206
Overdose Hospitalizations

![Hospitalizations by County](chart)

Overdose Hospitalization Drug Type

- Any Opioid

County or Grant Region

(Multiple values)

3 Year or 5 Year Rates

- 3 Year Rates

* Technical Note: Counties with smaller populations may have rates suppressed due to small numbers. 5 year rates may be more reliable. Annual rates not available by county.

<table>
<thead>
<tr>
<th>County</th>
<th>Rate per 100,000 Population</th>
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<tbody>
<tr>
<td>BC</td>
<td>4.266</td>
</tr>
<tr>
<td>LC</td>
<td>8.810</td>
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<tr>
<td>MC</td>
<td>6.517</td>
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<tr>
<td>PC</td>
<td>5.221</td>
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</tbody>
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Naloxone

- Reaching out to pharmacies to display posters from Multnomah
- Partner with HIV Alliance for trainings
- Pharmacist training in February of 2018
- Community event as part of this conference
- Recommended our Board of Health create a policy requiring Naloxone signage at pharmacies—no action taken yet
- Working with law enforcement to carry Naloxone—most LE in LC is either carrying, has access to Naloxone in the field, or is actively working on a plan to obtain it for the field
Media campaign/Website

- Evaluating existing media campaigns for use in Lane County
- Will implement in 2018
- Lane County section of the Oregon Pain Guidance website
Challenges

- Law enforcement and Naloxone
  - Shift in attitudes
  - Funding
- Pharmacies and Naloxone
Questions?
Resources

- PDMP website: http://www.orpdmp.com/
- OHA website: www.healthoregon.org/opioids