



Volunteer & Internship Training January 2026 Schedule

Thank you for your interest in volunteering with Lines for Life! Our call center answered over 167,977 contacts in 2024, and we could not provide these services without the generous commitment from our volunteers and interns.

Crisis line training follows a hybrid format, with both virtual and in-office sessions. Training requires **30+ hours of independent learning online in addition to the scheduled classroom curriculum** – **so expect to have homework!**

Trainees are required to attend all of the following sessions:

Friday, January 16th 12:30-5:30pm (Virtual)

Saturday, January 17th 12:30-5:30pm (Virtual)

Sunday, January 18th 12:30-5:30pm (Virtual)

Friday, January 23rd 12:30-5:30pm (Virtual)

Saturday, January 24th 9:00am-5:30pm (in-office)

Trainees will also attend 6 hours of listening shifts (Virtual):

- Option 1: (1) 6hr shift on Tuesday, January 27th 9am-3pm
- Option 2: (2) 3hr shifts, on Wednesday, January 28th 5pm-8pm & Thursday, January 29th 5pm-8pm

Finally, trainees will select 2 role-play practice shifts to attend during the following date range (In-Office):

- Choose from Tuesday through Saturday shifts
- Between February 2nd & February 28th
- Shifts run for 4 hours with various times offered

Please contact our Volunteer Coordination team with questions at crisislinevolunteers@linesforlife.org

