



Recovery Center Hotline

Need help kickstarting your recovery and finding free resources in your area?

Call 503-575-3769 or 541-575-3769 24/7 to get started on your path to recovery.

Lines for Life's Recovery Center Hotline is a statewide, free 24/7 helpline for those struggling with substance use or seeking ongoing support, case management services, and local resources for recovery.

1. A counselor will ask you some questions about your drug use and your health.
2. We'll get you connected to resources and services in your community.
3. We'll offer you follow-up care and case management services.

Call the hotline today to get started.

Help is available.

If you've received a citation for possessing small amounts of drugs in Oregon, you can avoid paying the \$100 fine by completing a free health screening with Lines for Life. We'll help you meet court requirements and connect you to Behavioral Health Resource Network services in your area.

Learn more at linesforlife.org/recoverycenter

We can also connect you to these other lines for support:

- **988 Suicide & Crisis Lifeline** – if you are experiencing a mental health crisis, reach out. Call, text, or chat 988.
- **Alcohol & Drug Helpline** – information, support, and referrals to resources and treatment. Call 1-800-923-HELP (4357)
- **Behavioral Health Support Line** – find a provider that matches your needs. Call 1-800-923-HELP (4357)
- **Racial Equity Support Line** – support and resources for those experiencing impacts of racism. Call 503-575-3764

