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THANK YOU TO OUR CONFERENCE SPONSORS AND PLANNING TEAM

The Oregon Conference on Opioids, Pain and Addiction Treatment is hosted by Lines for Life and funded through Oregon Health Authority. In addition, it would not have been possible without the support of our generous donors.

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We would like to extend a special thank you to:

PLANNING ADVISORY TEAM

McCara Annau, Central Oregon Health Council, Mary Borges, Oregon Health Authority Public Health Division, David Hart, Department of Justice, Laura Heesacker, MSW, LCSW, Synergy Health Consulting/Jackson Care Connect, April Henen, MPH, Clackamas County Public Health Division, Dwight Holton, Lines for Life, Jessica Jacks, MPH, CPS, Deschutes County Health Services, Heather Jeffers, MA, Oregon Council for Behavioral Health, Safina Koreishi, MD, MPH, CPCCO, David Labby, MD, PhD, Health Share of Oregon, Michelle Marikos, PSS, Moving Through Chronic Pain, LLC, Dennis McCarty, PhD, OHSU-PSU School of Public Health, Undersheriff Jeff Mori, Washington County Sheriff’s Office, Irma Nwachukwu, Oregon Primary Care Association, Jim Shawnes, MD, Jackson County/Synergy Health Consulting, Lisa Shields, Oregon Health Authority Public Health Division, Danielle Sobel, MPH, Oregon Primary Care Association, Erin Solomon, Central Oregon Health Council, Nora Stern, PT, MS PT, Preventive Health, Andrew Swanson, Oregon Radiology, Kim Swanson, PhD, Mozaic Medical, Mary Wells, Mozaic Medical, Haven Wheelock, Outside In, Lucy Zammarelli, M.A, CADCIII, Willam Behavioral Health Lane County, Elizabeth White, MPH, Lines for Life

KEYNOTE SPEAKERS

David Sheff, Dara Hargusrea, MD, MPH

INVITED GUEST

Oregon Attorney General Ellen Rosenblum

PRESENTERS

Kane Fraser
Tim Gallagher, MD
Cayten Rich Gazd
Lisa Greenfield CRM, PSS
Jessica Gregg, MD, PhD
Nancy Campbell Hanks
Don Hall, NPP
Marian Hammonds
Laura Heesacker, MSW, LCCSW
Aryl Henen, MPH
Mindy Hull
Sloan Jones, MD
Julie Johnson
Chovnnea Keating, MPH
Erik Kjorpe
Sadina Konjash, MD, MPH
Hilten Lasacan-Davis, MS, MPH
Paul Lewis, MD, MPH
Julie Lowery
Gillian Leichtling
Jane Lincoln, LCCSW
Sara Liver, MD
Michelle Marikos, PSS
Dennis McCarty, PhD
Andrew Wendelba, MD
Alice Molo-Christensen, CADCI
John Maudik, MD
Bryan Nelson
Kevin Neave, MD
Sinead Parker-Sharman, MPH
Pain Peace
Julia Pinsky
Justine Pope, MPH
Shanna Possad, PT, TIPS, MSBR
Nadja Ha Roi Robertson, LCCSW, PhD
Katherine Rice, PharmD
Sherril Michael Reese
Babette Reese, MA, MSW
Jonathan Robbins, MD
Brian Schwartz, MD
Arrit Shor, MD
Jim Shawnes, MD
Samantha Stoughton Maun
Anna Stawes-Raven, MPH
Nanu Stern, PT, MS PT
Slain Stark, MD
Andrew Suchy, MD, MPH
Kim Swanson, PhD
Andrew Swanson
Lisa Taylor, PNP
Anne Thomas, MD, MPH
Joshua Thompson
Molly Warner
Bill Walker, MD
Mary Wells
Talga Weirich, CADC, QMHA
Haven Wheelock

CONFERENCE SUPPORT


Thank you to our conference sponsors and planning team.

Building Resilience in Chronic Pain
A Free Community Forum & Resource Fair

Wednesday, May 29th 2019 at 4:30pm
Deschutes County Fairgrounds - Middle Sister Building

Free informational event offering community resources and support for those affected by chronic pain.

Launette Rieb
MD, MSC, CPP, FCP, DABAM, FASAM
Additional Speakers
David Otto, DC, Chiropractor
Jim Porter, Bend Police Chief
John Hummel, JD, District Attorney
Kim Swanson, PhD, Clinical Psychologist

RSVP
or call 541.382.1816

• Resource Fair for chronic pain management
• Naloxone training and distribution
• Free dinner for all attendees

45,000 people are living with chronic pain in our region.

For more information email respond@classactevents.net or call 541.382.1816
Oregon has made important progress in addressing opioids, pain and addiction treatment. We have successfully reduced the flood of prescribed opioids that inundated our communities. Opioid prescribing is down for all age groups since January 2016 and drug overdose hospitalizations and drug overdose deaths due to prescription opioids are declining. We have gone from ranking first in the non-medical use of opioids in the nation in 2010-2011 to sixth (2013-2014), however, we still have work to do.

We are witnessing an alarming rise in the deaths of despair nationwide. The number of suicides, overdoses, and diseases caused by substance use disorder is devastating families and communities. According to the Centers for Disease Control, life expectancy for Americans dropped once again in 2017, as the rates of fatal opioid overdoses and suicides continued to climb.

These deaths of despair are not a singular crisis but a syndemic. To tackle this problem, we must address the social context of substance use disorder, pain and suffering, as well as advancing evidence-based guidelines and treatment.

The current spotlight on the opioid crisis presents an opportunity to work across the multiple systems that touch the lives of those impacted by pain and substance use disorder and improve the effectiveness and quality of care.

We are set to take the next step to create a healthier Oregon, moving communities and systems to action with a simple but direct mission: We can do this!

Our aim is to bring together large health systems, community, law enforcement, community advocates and the treatment and recovery community to chart a clear and direct path for making lasting change. We hope to expand access to treatment for substance use disorder and harm reduction services, improve pain treatment, and build safer care and supports for people struggling with pain and substance use disorder.

With help from lots of folks, last year’s inaugural conference was a tremendous success. We convened over 450 committed people from across Oregon – across the complex landscape of our crisis of opioids and other drugs — to share and develop innovative ideas for making change in Oregon.

This year’s conference features dynamic national and local speakers, including a keynote address from David Sheff, author of the bestselling novel and movie, “Beautiful Boy”. In his novel, Mr. Sheff shares his son Nic and the Sheff family’s struggle with substance use disorder. David’s family experience sets the tone and explores the urgent need for making changes that better serve our communities. The conference will feature tribal workshops, launch a training on the Art of Compassionate Tapering, and law enforcement efforts to work with health systems to introduce Medication Assisted Therapies in jails and prisons.

We'd like to thank everyone involved in planning this year's conference – it was truly a team effort. First, we’d like to thank the 2019 OPAT Conference Planning Committee. Our planning team represents behavioral health, health care, public health, law enforcement, the treatment and recovery community and others. We also extend our appreciation and gratitude to our local partners including the Central Oregon Health Council, St. Charles Health System, Deschutes County Public Health, and Mosaic Medical. We’d like to recognize and thank Oregon Health Authority and Oregon Pain Guidance for their leadership and continued support of Lines for Life’s efforts to reduce substance abuse statewide.

Lastly, we acknowledge our friend and colleague Lauren Miller. Lauren was a smart, fierce, and incredibly talented event coordinator at Lines for Life. She was instrumental to the success of last year’s conference. Before she unexpectedly passed away in March, Lauren spent months working tirelessly to set us up for another successful event. Thank you, Lauren.

We thank you for joining us today. Together, we will move Oregon from crisis to recovery.
OVERVIEW

The OREGON CONFERENCE ON OPIOIDS + OTHER DRUGS, PAIN + ADDICTION TREATMENT begins with preconference workshops on Wednesday, May 29, 2019 (pg 7-8). These workshops provide clinicians an opportunity for skill building and experiential learning. This includes learning to use buprenorphine to treat both Opioid Use Disorder and CPOD Chronic Persistent Opioid Dependency, applying compassionate motivational tools and strategies for guiding patient behaviors, gaining a better understanding of how to treat Mental Health disorders co-occurring with pain and many other skills essential to delivering best practice care for pain and substance use disorder.

We begin the conference on Wednesday afternoon, May 29, 2019 after the conclusion of the preconference workshops. The conference continues with a keynote address from David Sheff on Thursday, May 30, 2019 and ends the morning of Friday, May 31, 2019.

We kick things off by exploring the scope of the problem, our successes and challenges and what lies ahead.

General sessions include riveting speakers and didactic discussions on areas of disagreement to foster learning and dynamic conversation.

Breakout session presentations were selected from submissions generated through a call for proposals process and organized by concepts instead of tracks (e.g.; healthcare, law enforcement, etc.).

This year’s agenda aspires to foster collaboration and break down silos that create fragmentation and impede communication across systems. Tracks drive participants to choose a session based on scope of practice and discourage collaborative discussion between different groups.

Breakout session speakers will provide dynamic, thought-providing presentations based on the concepts rooted in current best practice, emerging evidence and Oregon’s comprehensive approach to reduce harms from opioids and other drugs including:

- WE CAN DO THIS! Celebrating success and leaning into opportunities
- SUSTAINING COMMUNITIES: Embracing the full spectrum of healing: from harm reduction to treatment and long-term recovery
- PROMOTING PREVENTION: Elevating upstream investments to help Oregon thrive

We end with a call to action to create partnerships for success.

TOGETHER, WE WILL MOVE OREGON FROM CRISIS TO RECOVERY.
SLOAN STOREY, MA
Sloan Storey, MA is a doctoral candidate in the Department of Special Education and Clinical Sciences at the University of Oregon. She received her undergraduate and master's degrees at West Virginia University and is a licensed early childhood special educator from birth - kindergarten. Her research interests focus on (1) building community capacity, (2) dissemination and implementation of evidence-based practices, and (3) personnel preparation of ECEC teachers.

ANDREW SUCHOCISKI, MD, MPH
Andrew Suchociski is currently the medical director at Clackamas Health Centers (CHC). He completed his medical school at Ohio State and Family Medicine residency at the University of Cincinnati. After several years of working in Integrated FCMC Community Mental Health agencies, he completed a Preventive Medicine residency and MPH at Johns Hopkins University. Andrew focuses on health disparities, including significant work in south and east Africa, transitioning to a focus in primary care. His regional work has included advisory roles for Family Care, Care Oregon, and Health Share. He participates on the Oregon Preventive Prescribing Guidelines Task Force, co-chairing the county-wide Clackamas Pain Collaboratives. He serves as the clinical instructor for the OSU Family medicine/DOH research group and is on the board of the Oregon Primary Care Association (OPCA).

ANDREW SWANSON
Andrew grew up full of sunshine, where he began his first career in rearing goats at age 12. By age 16, he moved to Eugene to start his first full-time job in the Fast food/Order business. After a decade in medicine, more than a decade of experience in medicine, more than a decade of work in his specialty, and more than a decade of work in his specialty, he took a step back and went to complete a master’s degree in Social Work at the University of Oregon. He completed his MPH from Emory University. Currently he lives in Portland, Oregon with his wife and two daughters. He enjoys playing with his dog, going on hikes, and the occasional Euro-tabletop game. He has also been known to build websites occasionally.

KIMBERLY SWANSON, PHD
Kimberly Williams is a psychologist, clinical psychologist working full time at the Director for Behavioral Health at Mosaic Medical where she oversees both the Primary Care Integrated Behavioral Health team and supervised Substance Use Treatment. With over 20 years combined experience in medicine, more than a decade of clinical research and direct clinical experience in integrated healthcare settings, and multiple publications and presentations in chronic pain and behavioral medicine, her clinical work involves the treatment of lifestyle-related health conditions. She was appointed as former Governor Kitzhaber in the Prescription Drug Abuse Advisory Council in 2011. Swanson completed a leadership fellowship in 2015-2016 in health care transformation through the Oregon Health Authority. Dr. Swanson currently serves as the Regional Parks Task Force (RPTF) for the Oregon Health Council. She was appointed to this position in 2016. She is a member of the Oregon Division of Public Health and works on the positive public health impact of PSTP.

TAYA L. FARNHAM
Born and raised in Southern Idaho, Taya graduated with her BSN from South Dakota State University in 1994. She moved to Missoula, Montana where she became a nurse manager of the pediatric ward. She relocated to Portland Oregon and worked at St. Vincent’s Hospital and Community Health Center from 1997 through 1999. She specialized in pediatric intensive care unit and was part of the pediatric transport team. Received a Master of Science in Nursing from Lewis & Clark College Nurse Doctoral Program in 2013. Currently her practice focus is in pain management. Along with that she has been a part of the medical team for over 15 years and she continues to be a part of the medical team for over 15 years and she continues to be a part of the medical team for over 15 years. She is a member of the American Academy of Nurse Practitioners and is also a member of the American Academy of Nurse Practitioners and is also a member of the American Academy of Nurse Practitioners and is also a member of the American Academy of Nurse Practitioners and is also a member of the American Academy of Nurse Practitioners.

ANN THOMAS, MD, MPH
Ann studied medicine at Stanford University and her residency is from Columbia University. After a pediatric residency at Children's Hospital of Los Angeles, she was in private practice for three years. She then joined the CDC’s Vaccine Program in Los Angeles and served for two years with the Vaccines Evaluation Activity in the National Immunization Program. After that, she completed a preventive medicine residency at CDC, which included work with international organizations. She is currently a public health physician with the Emerging Infections Program of the Department of Health Public Health Service and serves as principal investigator on several CDC funded projects.

JOSHUA THOMPSON
Joshua moved back to Oregon in June of 2017 after living in Atlanta, Georgia for the better part of 15 years. He has been a resident with chronic pain since the age of 25, and he brings all of that life to his job. He loves to laugh and make others laugh, and is a huge fan of cars. He has two dogs, Lily and Bella, and he is a partner in crime.

TONY VEZINA
Tony is a person in long-term recovery and the proud father of two young girls, Ava and Haley. He is the current founder and current Executive Director of the 4th Dimension Recovery Center, a Recovery Community Organization providing a network of recovery support services to over 600 young people in Multnomah County. Additionally, Tony is a community organizer and social justice advocate who developed his skills while serving as an intern. His tenures as Student Body President at Portland Community College. He now carries his passion for justice into Oregon’s fight to subsistence substance use recovery by motivating on various boards and commissions, including the Oregon Recovery High School Initiative, and the Mental Health and Addiction Certification Board.

BILL WALTER, MD
Bill Walter, MD is a nationally practicing physician and specialist at the Community Health Centers of Lane County, serving a primary Medicaid and uninsured population. He currently serves as Chair of the Scientific Affairs Committee for the American Academy of Family Physicians and is also the APHA Affiliate for the Integrative Pain Care Policy Council and was on their Clinical Advisory Board as well as their Peer Review and Awards Committees. He was also part of Oregon’s chronic non-enabling pain management committee.

MARY WELLS, LCSW
Mary Wells, LCSW, has a passion to empower and support those living in pain. She has created an intensive multidisciplinary treatment program for Medication patients, and later developed Quality of Life, a second sequenced program that is delivered in a group or individually at Mosaic Medical, a Federally Qualified Health Center with 5 clinics in Oregon County. Mary regularly trains behavioral health professionals on how to treat persistent pain while providing care coordination with the medical team. Her goal is to train Behavioral Health professionals to be active in the pain treatment team in both medical and outpatient settings to positively impact outcomes for their patients suffering with pain. She has an ongoing commitment and commitment to stay on the cutting edge of neuromodulation and apply this knowledge for behavioral treatments for pain.

TALE WENDELL, CACD, LQHIA
Talie is currently board certified in addiction psychology and holds a certification in substance use recovery. Talie has been in the addiction field for over 10 years, having worked in many different settings to positively impact outcomes for their patients suffering with pain. She has a lived experience, which facilitates connecting with all clients who are struggling with addiction. She is a devoted mother to her 11-year-old kid, and in her free time she loves to travel. Talie serves as a board member for The Bend Recovery Community Foundation, which she sees as people realize, Condega, Nicaragua.

HAYDEN WHEELOCK
Taliah Wheelock is a licensed addiction specialist for the Hospital SUD Team. Talia is very passionate about her work and looks forward to a long career in the field. She is a person in long-term recovery from substance abuse, which has given her a lived experience, which facilitates connecting with all clients who are struggling with addiction. She is a devoted mother to her 11-year-old kid, and in her free time she loves to travel. Talia serves as a board member for The Bend Recovery Community Foundation, which she sees as people realize.

HA VEN WHEELOCK
Hai Van is currently a public health physician with the Oregon Public Health Division and serves as principal investigator on several CDC funded projects.

SPOONER PAVILION (see below)
Visit the SPOONER PAVILION located in Cascades A/I. It will be open during the entire conference, including the reception on May 30th. Please take time to visit the tables and meet the organization representatives.

LAND ACKNOWLEDGEMENT
Lines for Life would like to acknowledge that the land we are meeting on today is the occupied homelands of the Warm Springs, Wasco and Paiute bands/tribes. We acknowledge the painful history of genocide and forced removal from this territory, and we honor and respect the many diverse Indigenous peoples still connected to this land on which we gather.

FUNCTION LOCATIONS
The Oregon Conference on Opioids + Other Drugs, Pain + Addiction Treatment REGISTRATION is located in the lobby of the Riverhouse conference center. All sessions will be held in the conference center. General sessions will be held downstairs in the Cascade Safari Hall. Preconference workshops and breakout sessions will be held on the main floor. A plated lunch will be served before the opening session on Wednesday, May 29th, 2019 beginning at 12:00 p.m. The program will begin at 12:30 p.m. A plated breakfast will be served on Thursday, May 30th, 2019 from 7:00 and ending at 7:45 p.m. To ensure a prompt start time of our featured keynote speaker, David Sheff.

An EVENING RECEPTION will be held on Thursday, May 30th, 2019 from 4:30 – 6:30 p.m. Come enjoy appetizers and a no-host bar while networking with your peers.

SPOONER PAVILION
(see below)
Visit the SPOONER PAVILION located in Cascades A/I. It will be open during the entire conference, including the reception on May 30th. Please take time to visit the tables and meet the organization representatives.

GENERAL INFORMATION

BOOK SIGNING: DAVID SHEFF
David Sheff will be available on Thursday, May 30, 2019 from 11:30 a.m. – 1:00 p.m. in the SPONSOR PAVILION for a book signing. Come and get a signed copy of Beautiful Boy. Other titles will be available for purchase.

POSTERS
Posters will be available for viewing during conference hours and the evening reception. Located in the SPOONER PAVILION, these posters highlight innovative work across the state. Please check them out during breaks and don’t miss the opportunity to learn more about these projects from the poster presenters themselves on Thursday, May 30, 2019 from 4:30pm – 6:30 pm.

PARKING
Parking is located at the conference center. Signage will be provided.

EVALUATIONS
Your feedback is important in planning future conferences and providing information on enhancements that could be made with regard to the types of workshops and training sessions. You will be asked to complete an evaluation using the Attendify App. Paper copies of the evaluation forms will be available at REGISTRATION.

TARGET AUDIENCE
Clinicians (physicians, dentists, pharmacists, nurses, nurse practitioners, naturopaths, physician assistants, medical assistants, mental health treatment providers, substance use disorder treatment providers, case managers, others), administrators, public health, tribal health practitioners, law enforcement, community members, others.

LEARNING OBJECTIVES
• Demonstrate a deeper understanding of the biopsychosocial aspects of pain and how emotional suffering and trauma history shape the pain experience in primary care
• Describe the successes and unintended consequences of broader implementation of opioid prescribing guidelines
• Describe how emotions are integral to the contextualization, assessment and management of persistent pain and apply this information into clinical practice to improve function, quality of life and ease suffering
• Apply prevention strategies that build the capacity of communities to reduce the burden of opioids and other drugs
• Explain how to build better clinical pathways across systems of care for managing persistent pain, address suffering and treat substance use disorder
• Describe health system, clinical and community strategies that employ a

2019 OREGON CONFERENCE ON OPIOIDS + OTHER DRUGS, PAIN + ADDICTION TREATMENT
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of St. Charles Health System and Lives for Literacy. St. Charles Health System is accredited by the Oregon Medical Association to provide continuing medical education for physicians. St. Charles Health System designates this Live Activity for a maximum of 4 AMA PRA Category 1 Credit(s)™ by providers accredited by the ACCME and relevant to midwifery.

LICENSED SOCIAL WORKERS
The Oregon Board of Licensed Social Workers accepts AMA PRA Category 1 Credit™ for continuing education requirements.

Many other disciplines such as researchers, PharmD’s, occupational therapists, physical therapists and anesthesiology, ensures timely and necessary credit for re-certification if applicable. Many societies and credentialing bodies accept the AMA PRA Category 1 Credit™ as an equivalent, as long as the topic is relevant to the applicant’s field or discipline.

If you have doubts whether an activity will qualify for CE, contact your professional board prior to registering for the course.

PRECONFERENCE
- Learning Lab: The Art of Compassionate Tending; Understanding How to Explain Pain; Understanding the Importance of Tribal Relations
- Total: 7.5 AMA PRA Category 1 Credit(s)™
- Summertime WASHER Training
- Treating Persistent Pain: What Mental Health Professionals Need to Know
- Total: 7.5 AMA PRA Category 1 Credit(s)™

CONFERENCE
- 5.5 AMA PRA Category 1 Credit(s)™

Friday, May 31, 2019
- 8:30 AM - 9:00 AM Open and Welcome
- 9:00 AM - 9:30 AM Keynote:
- 9:30 AM - 10:15 AM Panel Presentation:
- 10:15 AM - 11:00 AM Break/Registration
- 11:00 AM - 12:00 PM Keynote:
- 12:00 PM - 1:30 PM Lunch
- 1:30 PM - 2:15 PM Panel Presentation:
- 2:15 PM - 3:00 PM Break/Registration
- 3:00 PM - 4:00 PM Panel Presentation:
- 4:00 PM - 5:30 PM Closing Keynote:
- 5:30 PM - 6:30 PM Reception
JUDITH LEAHY, MPH has been OHA's Adult Viral Hepatitis Program Manager since 2005. She leads the OHA Adult Viral Hepatitis Program, which focuses on preventing new hepatitis infections and improving the health of people living with hepatitis A, B, and C. Under her leadership, the Oregon hepatitis program has seen a significant decrease in new cases of hepatitis C and a significant increase in the number of people who receive treatment for hepatitis.

She holds a Bachelor of Science degree in Public Health from the University of Oregon. She has worked in public health for over 20 years, with a focus on infectious diseases and chronic illness prevention. She has worked on projects related to the prevention of HIV, hepatitis, and other chronic diseases.

In this role, she enjoys working with colleagues at OHA and other organizations to develop and implement strategies to improve public health outcomes. She is dedicated to promoting evidence-based practices and collaborating with stakeholders to achieve shared goals.

She is a member of the Oregon Public Health Association and the American Public Health Association. She is also a board member of the Oregon Hepatitis Foundation, which is committed to raising awareness and advocating for hepatitis prevention and treatment.

She is married and has two children. In her free time, she enjoys spending time with her family and working on her garden.
DAVID SHEFF
Sheff's Beautiful Boy, published in 2008, was based on his article, “My Addicted Son,” which appeared in the New York Times Magazine. The article won a special award from the American Academy of Arts and Letters for “outstanding contribution to the understanding of addiction.” Beautiful Boy was named the year’s Best Nonfiction Book by Entertainment Weekly, and an Amazon “Best Book of 2008” and it won first place in the Barnes and Noble Discover Award in nonfiction. In 2018 Beautiful Boy was made into a film directed by Felix Van Groeningen starring Steve Carell and Timothée Chalamet. Sheff also contributed to HBOS’s Addiction: Why Can’t They Just Stop. His new book is WRY: Everything You Want To Know About Drugs, a book for young adults written with Nic Sheff. He is currently working on his next book, The Buddhist on Death Row: Finding Light in the Dark Place.

DAVA HARGUNANI, MD, MPH
Dr. Hargunani brings 16 years of experience as a pediatrician and public health professional to the position. She is recognized by colleagues as a respected leader who is passionate about designing and implementing innovative strategies for improving health outcomes and reducing health disparities. She uses her medical experiences to help inform health care policy and strategy for OHA.

Dr. Hargunani grew up in Coos Bay, Oregon with her family. Originally from Maryland and California, Julia has spent a large part of her career working in Oregon, with an extensive background in public health. She joined the Oregon Public Health Institute, and assisted professor of Pediatrics at Oregon Health & Science University, in Coos Bay, Oregon with her family. She earned her Master of Public Health degree from the University of California, Berkeley, and her Doctor of Medicine degree from the University of California, San Francisco. She completed her Internal Medicine residency at Oregon Health & Science University in Portland, Oregon, and a fellowship in Cardiology at Oregon Health & Science University.

She is currently the Executive Director of Quest Center and as Director of Clinical Services. He currently serves as a commissioner on the Oregon Pain Management Commission.

JULIA FETZER
Originally from Maryland and California, Julia has lived in Portland for about 43 years, born in this same house in N. Portland. In her working life, she was a High School English teacher, a Graphic Artist, and a Human Resources Generalist and now enjoys her full time retirement. She is proud to be a part of a wonderful Multnomah family. She met her spouse when she was in high school. They got married a few years later. She enjoys the many pleasures of retirement. She is the proud owner of two dogs.

KATE FRAME
Kate Frame is working with MECD to coordinate a practitioners’ policy conference in Oregon and in California. Kate’s career began in 2007 when she left her job as a health educator in the labor and delivery unit of Oregon Health and Science University. She works part-time as a pediatrician at the Children’s Community Health Center.

In her previous tenure at OHA, Hargunani led policy development pertaining to children and youth. She informed the development and implementation of OHA’s coordinated care model and served as an advisor to Oregon’s legislative leadership and to the Oregon Health Authority on the state’s health status and quality metrics.

HIGHLIGHTS
THURSDAY, MAY 30, 2019 | 8:00 – 9:30 A.M.

KEYNOTE: Beautiful Boy: A Father’s Journey Through his Son’s Addiction

DAVID SHEFF
Bestselling Author & Advocate on US Drug Crisis, Prevention, & Recovery

PHOTO: BART NAGEL

“When my eldest son Nic began using, I learned that no one and no family is immune. Our family spent ten years in hell, I tried to get him help, I forced him into rehab programs. He did help for a while. But then he’d relapse. Over and over and over again.”

“Our family’s story is unique of course, but it is universal, too, in the way that every tale of addiction resonates with every other one. I’ll talk about how insidiously addiction creeps into a family and takes over. Ultimately, I hope those listening will know that as discouraging it can be, they shouldn’t give up trying to save the life of someone they love.”

THURSDAY, MAY 30, 2019 | 1:30 – 2:15 P.M.

KEYNOTE: Getting Upstream of the Opioid + Other Drug Crisis: The Critical Role of Prevention

DANA HARGUNANI, MD, MPH
Oregon Health Authority’s Chief Medical Officer

Our call to action is that recognition of an “upstream” approach is fundamental to ending the crisis of opioids and other drugs. In addition to supporting the needs of Oregonians with chronic pain and ensuring access to evidence-based care for individuals with opioid use disorder, we must prioritize prevention strategies that address the underlying conditions fueling the epidemic of substance use disorders and rising rates of suicide. It is crucial that we reduce the drivers of diseases of despair: exposure to chronic trauma and stress, illness and injury, inadequate access to care, limited economic opportunity, lack of support systems, etc. and in support that help our communities heal and thrive.

To get upstream of this crisis, we must enact long-term, comprehensive, multi-sector strategies that build community resilience. These strategies include reducing stigma, support and treatment for those with childhood experiences (ACEs) and promoting social connections, healthy social norms, and community cohesion. To lift up all, our Oregonian response needs to include measures that support healing and strengthen communities.

Highlights from the 2019 Oregon Conference on Opioids + Other Drugs, Pain + Addiction Treatment
Lydia Cortez-Hickox, PRC-CBMS’s Regional Director of Operations,2 7:30 – 8:30 a.m.  Location Lobby

Lobby
Understanding the Importance of Tribal Relationships
Presenters:
- CAROLINE CRUZ, Confederated Tribes of Warm Springs, Health and Human Services Director
- JULIE JOHNSON, Paiute-Shoshone, Tribal Affairs Director-Oregon Health Authority

Buprenorphine Waiver Training
*meets until 12:30pm
Presenters:
- JONATHAN ROBBINS, MD, Professor/Physician, Oregon Health & Science University
- JESSICA GREGG, MD, PHD, Associate Professor/Physician, Oregon Health & Science University

Treating Persistent Pain: What Mental Health Professionals Need to Know
*meets until 5pm
Presenter:
- MARY WELLS, LCSW Behavioral Pain Specialist, Mosaic Medical

BREAKOUT SESSIONS
Friday, May 31, 2019
8:00 – 9:30AM (con’t)
Implementing an Integrated Medication-Assisted Treatment (MAT) Program at the Siletz Community Health Clinic (SCHC)
- LISA DIVERI, PhD, Medical Director
- JAY HORTON, DO
- KAY DEANES, RN
- LAURA BRENNER, MA
- ERIK DAVIS, MD, LCON, OED, CARLE, MAC
- Siletz Community Health Clinic

Discussion of our approach and philosophy to increase access for Opioid Use Disorder (OUD) patients in a Tribal outpatient primary care setting. Our integrated MAT program includes Primary Care, Mental Health, Addiction Counseling and Medications such as Buprenorphine, Naltrexone, and Virdolor. After our discussion, our goal is for the audience to better understand: How we started, where we are now, and what we hope to accomplish.

It’s a Brain Thing: Educating Patients on Trauma, Central Sensitization, and Persistent Pain
SABRINA RHEEDY, MHA, NIMH, South River Community Health Center

Implementing Complementary Approaches to Pain Management in a Community Health Center
BILL WADE, MD, ZAVAHY CORBETT, LAc, Community Health Centers of Lane County

Quest Center’s WISH Program: An Integrated and Multidisciplinary Approach to Pain Management
- JADA CARTA, PC, OMD, Quest Center for Integrative Health

Breaking the Opioid Crisis
Medically Treated or Dangerously Numb: The Relationship Between Mental Wellbeing and the Opioid Crisis

- OPENING REMARKS
- Plated Lunch
- Welcome
- Opening Remarks
- Medically Treated or Dangerously Numb: The Relationship Between Mental Wellbeing and the Opioid Crisis
- KIM SWANSON, PhD, Mosaic Medical

It’s a Brain Thing: Educating Patients on Trauma, Central Sensitization, and Persistent Pain
SABRINA RHEEDY, MHA, NIMH, South River Community Health Center

Implementing Complementary Approaches to Pain Management in a Community Health Center
BILL WADE, MD, ZAVAHY CORBETT, LAc, Community Health Centers of Lane County

GENERAL SESSION
Friday, May 31, 2019
10:00 – 11:30AM
Sharing Knowledge and Building Capacity: Oregon ECHO Network’s Addiction Medicine Programs
- EUGENIA GREGG, MD, MSc, Associate Professor/Physician, OHSU
- ANNA STIEVES, BSEED, MPH, OHSU

Starting at the University of New Mexico in 2003, Project ECHO (Extension of Community Healthcare Outcomes) is a telementoring program that builds participants’ capacity to manage common conditions that they typically refer to specialists outside their setting. As of December 2018, Oregon ECHO Network had completed five programs focusing on Addiction Medicine, engaging more than 170 participants (both clinicians and clinical staff) throughout the state. This presentation focuses on how our Addiction Medicine programs have evolved from offering a single ECHO clinic in 2017 (“Substance Use Disorders in Primary Care”) to now offering four separate but related ECHO clinics tailored to the needs of Oregonians (“Substance Use Disorders in Primary Care”). Building Capacity: Oregon ECHO Network’s Addiction Medicine Programs, Addiction Medicine, and ECHO programs focusing on Addiction Medicine, engaging more than 170 participants (both clinicians and clinical staff) throughout the state.

What You Need to Know about the Latest Research on Pain Messaging – And How to Apply it to Your Work
DAVID WILSON, MD, PhD, Brink Communications

The opioid epidemic sweeping the nation has hit Oregon hard. It’s hurting our families and our communities, especially Native Americans, Black, Latinx and rural Oregonians. And now that prescription painkillers are the on-ramp to dependence and addiction for many. Empowering diverse people to talk with their doctor about safer options for managing pain is the underpinning of a new prevention-focused behavior change campaign underway in Oregon. We know what you’re thinking: easier said than done. In this session, get a look at the groundbreaking research conducted across Oregon and the key insights that helped shape this new campaign. Learn how to apply a new narrative to successfully drive change in your own work.
Embracing our Prescribing Legacy with Compassion: Chronic Persistent Opioid Dependence

JAMIE BROWN, MD, MPH, Medical Director, Clackamas Health Centers
JAREE BAKAYE, MD, Professor/Researcher, University of Washington Dept. of Psychiatry & Pain Medicine
PAL EJDU, MD, Park Special, Opiod Dr.

This facilitated discussion will explore the evolution of Chronic Persistent Opioid Dependence (CPOD), areas of alignment and disagreement, and the impact it has on patients.

**Advising Patients on Use of Medical Cannabis**

DENNIS McCAFFERTY, PhD, Professor Emeritus, OSU-PSU School of Public Health
SARAH QUASSEIR MASON, OSU-PSU School of Public Health
JENNIFER NEDER, MD, Professor, Family Medicine, OSU

John Meurich, a family medicine physician practicing at OSU's Richmond Clinic, discusses his approach to advising patients on using cannabis for medical purposes. "Use it if you feel you must, but be careful. Use as little as possible as infrequently as possible. Minimize the THC content. Take days off. Don't use heavy equipment like automobiles while under the influence. Take heed if others observe that it's affecting you adversely. And occasionally, stop to consider if it's truly helping you live a healthy, productive, and happy life." Dennis McCarty, Professor Emeritus in the Oregon Health & Science University (OHSU) School of Public Health, reviews the National Academy of Science's 2017 analysis of "The Health Effects of Cannabis and Cannabinoids" that finds limited research with mixed results.

Samantha Seer Green, MD, a medical student in the OHSU-PSU School of Public Health, reviews state strategies for regulating medical cannabis use and the effects on use of and access to medical cannabis.

**Trauma, Mental Health and Addiction: Understanding the Connections**

ORIANA AMOROSO, RN, BSN, DNP, CRNP, CAP Medical Director, Central City Concern

Given the immense expansion in the fields of brain science and trauma over the last 20 years, we now understand the intimate and tangled connection between trauma and substance use disorders – how this arises, who is most vulnerable to developing them, and how to support people on a path toward recovery in ways that are trauma-informed. Workshop content focuses on exploring the neurobiological adaptations that arise in response to trauma and using scientific advancements to foster recovery-promoting versus recovery-inhibiting systems, through evidenced-based practices. This workshop is for participants who want to understand the interconnection of trauma, neurobiological vulnerability, and substance use disorders; and also for those who want health systems to feel safe and welcoming to the overwhelming number of people with substance use disorders who have experienced trauma.

**From Barriers to Opportunities: How a Rural Community is Creating a Successful Road to Recovery Through Collaboration and Innovation**

AMY JO COOK, Director - Oregon Health Authority

The opioid crisis is contributing to increases in hepatitis C and other infectious diseases through sharing of needles. In rural Oregon, screening, treatment, and harm reduction services are scarce or non-existent in urban areas, and people who use drugs have high rates of poverty, homelessness, and co-use of opioids and methamphetamine. Oregon HOPE is an inter disciplinary platform led by OHSA to support rural models to address opioid use disorder and its medical consequences. In this presentation, project collaborators will provide a description of our peer support model, Oregon data on the consequences of injection drug use, and findings from surveys and interviews with people who inject drugs in rural Oregon. They will also describe participant views on access and barriers to care, policing, criminal justice involvement, and harm reduction needs. We will lead discussion on what participants' experiences tell us about: 1. What policies and infrastructure are needed to reduce harms and increase treatment access? 2. How can rural communities collaborate more effectively across sectors (including criminal justice, treatment, health care, and harm reduction)?
THURSDAY, MAY 30, 2019 | 8:00 – 11:30 A.M.

BREAK SESSIONS: SUSTAINING COMMUNITIES | 10:00 – 11:30A.M.

10:00 – 11:00 A.M. Building Trauma-Informed Medication Supported Recovery Services
- LYDIA BARTHOLOW, Director, Central City Concern Recovery
- ANDREW SWANSON, Recovery Works NW

10:10 – 10:45 A.M. Understanding the Importance of Tribal Relationships
- CAROLINE CRIZ, Confederated Tribes of Warm Springs, Health and Human Services Director
- JULIE JOHNSON, Paiute-Shoshone Health Services Administrator, Director Oregon Health Authority

10:45 – 11:30 A.M. Creating an Integrated System of Care for Opioid Use Disorder from Hospital to Residential to Intensive Outpatient to Primary Care
- TALIE WENICK, PADAC, QMHA, Addiction Recovery Specialist, Hospital SUD
- BILLIE L. CARTWRIGHT, MHS, DBP, PSY, BC, Medication Management Services, Doctor of Behavioral Health Management, BestCare Treatment Services, Inc.

10:50 – 11:30 A.M. Harm Reduction and Substance Abstinence: An Inclusive Approach to the Recovery Continuum
- ANDREW SWANSON, Recovery Works NW
- HAVEN WHEELOCK, Outside In

10:50 – 11:40 A.M. Breakout Sessions: Sustaining Communities

10:50 – 11:00 A.M. DATUR-Expanded Opioid MAT Services: Process, Framework, and Clinical Transformation
- NOLITA CUPIT, ITF Program Manager, Comprehensive Pain Services, Port Orford, Joseph Health and Services
- LISA GREENFIELD, CRM, Central City Concern Recovery

11:00 – 11:30 A.M. Building Trauma-Informed Medication-Supported Recovery Services
- CLARE DE GROZ, PhD, MPH, Director, Central City Concern

11:30 – 12:00 P.M. Breakout Sessions: Sustaining Communities

11:30 – 12:00 P.M. Harm Reduction to Intensive Outpatient to Residential to Detox to Opioid Use Disorder from Hospital to Detox to Residential to Intensive Outpatient to Primary Care
- WYNNE MILLER, CADC, ODHA Addiction Treatment Services, Oregon Opioid Program Services, Inc.
- MOLLY DARR, OBE, FPD, P.D., C.A., Medication Management Services, Doctor of Clinical Health Management, BestCare Treatment Services, Inc.

In Central Oregon, we are building a system of care for people with Opioid Use Disorder that crosses multiple pieces of the healthcare healthcare. Our system of care currently includes two SUD clinics and two medical facilities at St. Charles hospital, providing case finding, engagement, and transition to treatment services. Our Detox and Residential Treatment system integrates MAT, pain management, and co-occurring mental health services. Our outpatient system expands on the residential system with intensive outpatient care management, recovery supports, trauma-informed care, and co-occurring mental health, and gambling services. The focus of the system is on the transitions of care, with performance bonuses from the CCO for engagement in treatment services 90 days post-residential. We have seen growing interest for this approach from the medical community as they transition their clinical and financial return-on-investment evaluation practices. Several elements that have allowed us to build this system of care, including: 1. How to organize the treatment continuum of care, including momentum building and evidence-based practice; 2. Construction of contracts to support the services; 3. Expansion of services that include MAT and Harm Reduction Approaches. Adoption of a Whole Health approach.

Understanding the Importance of Tribal Relationships
- CAROLINE CRIZ, Confederated Tribes of Warm Springs, Health and Human Services Director
- ANDREW SWANSON, Recovery Works NW

Creating an Integrated System of Care for Opioid Use Disorder from Hospital to Detox to Residential to Intensive Outpatient to Primary Care
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Andrea Swanson will speak on the personal experience with addiction and recovery. He is the Project Manager at Oregon Recovers and a person in recovery from addiction to heroin and methamphetamine. A recovering person who speaks on his personal experience with addiction and recovery. He is the Project Manager at Oregon Recovers and a person in recovery from addiction to heroin and methamphetamine. A recovering person who speaks on his personal experience with addiction and recovery. He is the Project Manager at Oregon Recovers and a person in recovery from addiction to heroin and methamphetamine. A recovering person who speaks on his personal experience with addiction and recovery. He is the Project Manager at Oregon Recovers and a person in recovery from addiction to heroin and methamphetamine.
Pain Peer Specialist, opioids and look at how that grief. We remember some of those we lost to the opioid crisis and look at how that grief. What We Wish Our Providers Knew: Moving Through Chronic Pain, LLC, through the story of one individual, we will explore the impact of chronic pain on mental health and relationships. We will discuss the impact of social isolation and how to address it. We will also discuss how to support individuals in navigating the healthcare system. This panel session will provide a platform to highlight the journeys of community members that have learned to successfully manage pain. The theme of the panel will be “What We Wish Our Providers Knew: Missing Links That Will Transform the Patient/Provider Experience.”

WHERE THERE’S BREATH, THERE IS HOPE: NAVIGATING A SUCCESSFUL ROAD TO RECOVERY THROUGH COLLABORATION AND COMPREHENSION

A coalitions of representatives from community paramedics, Oakridge County Public Health, and other organizations have come together to create a comprehensive approach to managing pain. The coalition has successfully identified and implemented strategies that have led to a 48% reduction in high-risk opioid prescribing ($200 million) in three years. How was this possible? To put it simply: data and clinical teams “leaned in” to the data. By allowing an analyst to sit at the table with the clinicians driving decisions, EOCCO was able to hone in on actionable insights from data and discover areas of improvement. This presentation will focus on the lessons learned around data and how having the right data can change the way you think about the data. The discussion will cover three primary areas of focus: 1. What data questions were unanswered? (from “who are these patients?” to “how do we know what’s going on with them?”) 2. How do we look at our population globally and where are the opioids coming from (both prescribed and street drugs)? 3. How does data fit into your clinic’s workflow? Our hope is to inspire other CCOs to allow analysts to become one of their clinical teams, to take in as much data as possible, and make it actionable.

PERMANENTE NORTHWEST (KPNW) has created an innovative whole-community approach to the management of persistent pain, the opioid crisis, and mental health issues. The KPNW team has demonstrated marked success through three hallmark interventions. First, team members lead individually-detected continuing medical education training for all KPNW Primary Care clinicians, expanding knowledge on chronic pain management resources and improved opioid safety. Second, the opioid management team works directly with both patients and their Primary Care clinicians to manage the opioid tapper while enhancing the patient’s non-opioid pain management skills. Third, the team coordinates with clinicians leads for targeted reviews of higher dose or higher risk situations, to help coach the prescribing clinician about treatment alternatives and suggested next steps. Through these three targeted approaches, patients have succeeded in improving their pain management skills at the same time as reducing reliance on opioids—and improving clinician and patient satisfaction alike.

Understanding Pain, Opioids & The Brain: Moving Beyond ‘Acute’ or ‘Chronic’ Thinking

When discussing pain, we often use terms such as “acute” or “chronic.” However, these terms may not accurately reflect the complexity of pain experiences. It is important to consider how these terms can be used to better understand pain and how we can support individuals in managing their pain. This presentation will focus on the importance of understanding pain and the challenges related to opioid use. We will explore strategies for reducing reliance on opioids and improving pain management skills through a multidisciplinary approach.

Embracing Our Prescribing Legacy with Compassion: Chronic Persistent Opioid Dependence

• JIM SHAMES, MD, Health Officer, Jackson County /Synergy Health Consulting
• ANDREW SUCHOCKI, MD, MPH, Clackamas County Health
• JANE BALLANTYNE, MD, Professor/Researcher, University of Washington Dept. of Anesthesia & Pain Medicine
• PAUL COELHO, MD, Pain Specialist, Opioid De-Prescribing Clinic/Salem Health
## FRIDAY, MAY 31ST, 2019  |  8:00 – 11:30 A.M.

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session 1: Cascade B</th>
<th>Session 2: Cascade C/D</th>
<th>Session 3: Cascade G</th>
<th>Session 4: Cascade E/F</th>
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<tr>
<td>7:00 A.M. – 4:30 P.M.</td>
<td>LOBBY</td>
<td>Registration</td>
<td>Expositors &amp; Posters</td>
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<td>Lounges</td>
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<td>7:00 A.M. – 6:30 P.M.</td>
<td>SPONSOR PAVILION</td>
<td>Breakfast</td>
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<td>Breakout Sessions: Promoting Prevention</td>
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<td>7:00 – 8:00 A.M.</td>
<td>CASCADE EXHIBIT HALL</td>
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<td>From Barriers to Opportunities: How a Rural Community is Creating Population-Level Change</td>
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## 5/31 FRIDAY

### BREAKOUT SESSIONS: PROMOTING PREVENTION  |  8:00 – 9:30A.M.

- **Session 1: Cascade B**
  - **8:00 – 9:30 A.M.**
    - Trauma, Mental Health and Addiction: Understanding the Connections
      - LYDIA BARTHOLOW, DNP, PMHNP, MARN, MD, AFC, CARN-AP, Medical Director, Central City Concern

- **Session 2: Cascade C/D**
  - **8:00 – 8:45 A.M.**
    - From Barriers to Opportunities: How a Rural Community is Creating Population-Level Change
      - KATE FRAME, Advanced Health
      - SLOAN STORIE, MA, Doctoral Candidate, Department of Special Education and Clinical Sciences at the University of Oregon
  - **8:45 – 9:30 A.M.**
    - Rural Community Responses to Address the Intertwined Epidemics of Opioid Use Disorder, Infectious Diseases, and Overdose
      - GILLIAN LEICHTLING, HealthInsights
      - ANN THOMAS, MD, MPH, Oregon Health Authority
      - JUDE LEAHY, Oregon Health Authority

- **Session 3: Cascade G**
  - **8:00 – 9:30 A.M.**
    - Implementing an Integrated Medication-Assisted Treatment (MAT) Program at the Siletz Community Health Clinic (SCHC)
      - LISA TAYLOR, FNP, Medical Director
      - JALEN DORRIS, DO
      - Joyce Dukses, RN
      - LAURA BREMMER, MA
      - ERIC DAVIS, MSW, LCSW, BCD, CADCH, MAC, Siletz Community Health Clinic

- **Session 4: Cascade E/F**
  - **8:00 – 9:30 A.M.**
    - It’s a Brain Thing: Educating Patients on Trauma, Central Sensitization, and Persistent Pain
      - BABETTE REEVES, MA, MSW, South River Community Health Center
    - Implementing Complementary Approaches to Pain Management in A Community Health Center
      - BILL WALTER, MD, OMS, QCC, Community Health Centers of Lane County
      - ZACHARY CORBETT, LA, Community Health Centers of Lane County

### Closing Session: WE CANT DO THIS ALONE!  |  10:00 – 11:30 A.M.

- **10:00 – 10:05 A.M.**
  - Introduction

- **10:05 – 10:45 A.M.**
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    - JESSICA GREGG, MD, PhD, Associate Professor/Physician, OHSU
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- **10:45 – 11:20 A.M.**
  - What You Need to Know about the Latest Research on Pain Messaging – And How to Apply it to Your Work
    - MARIAN HAMMOND, Brink Communications

- **11:20 – 11:30 A.M.**
  - Closing Remarks
    - KIM SWANSON, PHD, Mosaic Medical

### Adjourn
FRIDAY, MAY 31ST, 2019 | 8:00 – 11:30 A.M.

7:00 A.M. – 4:30 P.M. LOCATION LOBBY
Registration
7:00 A.M. – 6:30 P.M. Exhibitors & Posters SPONSOR PAVILION
7:00 – 8:00 A.M. Breakfast CASCADE EXHIBIT HALL

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- DAVID EISEN, MSW, OMD (AM), Quest Center for Integrative Health
- LYDIA CORTEZ, PRC, CRM, Quest Center for Integrative Health

FRIDAY, MAY 31ST, 2019 | 11:30 A.M. – 4:30 P.M.

9:30 – 10:00 A.M. LOCATION SPONSOR PAVILION
BREAK

CLOSING SESSION: WE CAN’T DO THIS ALONE! | 10:00 – 11:30 A.M.

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Closing Remarks
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11:30 A.M.
Adjourn
**GENERAL SESSIONS**

**Wednesday, May 29, 2019**

12:00 – 2:30PM

**Medically Treated or Medically Treated?**

The Sheriff Will See You Now: Arrest, Incarceration, and Recovery

- Paul Lewis, MD, MPH, Health Officer Multnomah County, Oregon, Tri-County Health Officer
- Oklahoma, Multi-Health, Washington Counties
- Sheriff Michael Reese, Multnomah County Sheriff’s Office
- Carolyn Hebrock, Carlson Walsh County Sheriff’s Office

Substance Use Disorder patient’s lives are often interrupted by engagement with the justice system. Arrest, detainment, incarceration and release all provide an opportunity for interventions that offer hope, effective connection to treatment, and recovery. Two counties will describe their efforts to leverage the justice system to improve the lives of individuals and their communities.

**Where There’s Breath, There’s Hope: Navigating a Successful Road to Recovery Through Collaboration and Compassion**

2:15 p.m., Firehouse Paramedic, Community Paramedics Clackamas Fire District #1

2:30 p.m., Community Paramedic American Medical Response

APRS: Horirom, MPH, Program Coordinator, Clackamas County Public Health

Project Hope is a collaboration of Public Health, Community Paramedics (first responders) and Peer mentors. This unique group identifies, engages, and supports those suffering from addiction through the complicated path of successful recovery. This presentation will take you through the steps to bring agencies together, ways to identify those in need, the assistance and barriers that are most common, and finally how the program is replicable and possible funding sources. With data, 911 reports, and law enforcement referrals, the Community Paramedics are able to identify those in need and go into the community to engage individuals suffering from opioid addiction. Once a connection is made, supports are put into place to assist with recovery. Peer mentors are then introduced to offer lived experience and help navigate the options best suited to the individual. Follow up visits and supports stay in place throughout the year. Data is collected to see where efforts are most needed, and to reduce death from repeat overdoses.

**Tribal Best Practices**

Jill Johnson, Tribal Wars Director, Oregon Health Authority

Carolyn Cross, Carlisle Tribes of the Non-Sprig

This workshop will address how tribal programs help keep our youth and adults away from drugs and alcohol, the history of Tribal programs, including Equine therapy and Canoe Journey. Presenters will discuss the HOC (Healing of the Canoe) curriculum and how Canoe Journey is a metaphor for Life’s Journey.

From Data Overload to Actionable Insights: How ECOCCO adopted data analytics to drive change

Chelsea Keating, MPH, ECOCCO

Eastern Oregon Coordinated Care Organization has been on a 48% reduction in high risk opioid prescribing ($20 MED+) in three years. How was this possible? To put it simply: data and clinical teams “learned in” to the data. By allowing an analyst to sit at the table with the clinicians driving decisions, ECOCCO was able to hone in on actionable insights from data and discover areas of improvement. This presentation will focus on the learned lessons around data and how having the right data can change the way the story. The discussion will cover three primary areas of focus: 1. What data questions were unanswered? (from “who are these patients?” to “how do I know what’s going on with them?”) 2. How do we look at our population globally and where are the opioids coming from (both prescribed and street drugs)? 3. How does data fit into my clinic’s workflow? Our hope is to inspire other COCs to use analytics to become one with their clinical teams, to take in as much data as possible, and make it actionable.

**Team-Based Approach to Caring for Patients on Chronic Opioid Therapy**

Jean Koenig, MD, Chair of KPNW Regional Forensics and Therapeutics Committee

Katherine Reese, PharmD, Pain Management Pharmacist Lead

Facing a nationwide opioid crisis and a lack of evidence in literature to show what type of intervention is most effective for supporting patients during an opioid taper, Primary Care clinicians are faced with limited time and resources to support patients through this complex process. Through creation of a multidisciplinary opioid management team, Kaiser Permanente Northwest (KPNW) has been “learning in the ongoing” to bring about opioid dose reduction with goals to: improve patient safety, function, and pain control; reduce medication costs; and improve clinician satisfaction. The team is comprised of a clinician lead, a licensed clinical pharmacist, and a small cadre of pain management pharmacists. The team has demonstrated marked success through three hallmark interventions. First, team members lead individually-detailed continuing medical education training for all KPNW Primary Care clinicians, expanding knowledge about chronic pain management resources and improved opioid safety. Second, the opioid management team works directly with both patients and their Primary Care clinician to manage the opioid taper while enhancing the patient’s non-opioid pain management skills. Third, the team coordinates with clinicians leads for targeted reviews of higher dose or higher risk situations, to help coach the prescribing clinician about treatment alternatives and suggested next steps. Through these three targeted approaches, patients have succeeded in improving their pain management skills at the same time as reducing reliance on opioids—and improving clinician and patient satisfaction alike.

**Embracing our Prescribing Legacy with Compassion: Chronic Persistent Opioid Dependence**

- Jim Shames, MD, Health Officer, Jackson County / Synergis Health Consulting
- Andrew Suchowiak, MD, MPH, Clackamas Health Centers
- Jane Ballantyne, MD, Professor/Researcher, University of Washington Dept. of Anesthesiology & Pain Medicine
- Paul Coelho, MD, Pain Specialist, Opioid De-Prescribing Clinic/Salem Health

**KEYNOTE: Getting Upstream of the Opioid + Other Drug Crisis: The Critical Role of Prevention**

Dana Hargunani, MD, MPH, Oregon Health Authority’s Chief Medical Officer

**SESSION DESCRIPTIONS**

**BREAKOUT SESSIONS**

**Wednesday, May 29, 2019**

3:00 – 4:30PM

The Sheriff Will See You Now: Arrest, Incarceration, and Recovery

- Paul Lewis, MD, MPH, Health Officer Multnomah County, Oregon, Tri-County Health Officer
- Oklahoma, Multi-Health, Washington Counties
- Sheriff Michael Reese, Multnomah County Sheriff’s Office
- Carolyn Hebrock, Carlson Walsh County Sheriff’s Office

Substance Use Disorder patient’s lives are often interrupted by engagement with the justice system. Arrest, detainment, incarceration and release all provide an opportunity for interventions that offer hope, effective connection to treatment, and recovery. Two counties will describe their efforts to leverage the justice system to improve the lives of individuals and their communities.

**Where There’s Breath, There’s Hope: Navigating a Successful Road to Recovery Through Collaboration and Compassion**

2:15 p.m., Firehouse Paramedic, Community Paramedics Clackamas Fire District #1

2:30 p.m., Community Paramedic American Medical Response

APRS: Horirom, MPH, Program Coordinator, Clackamas County Public Health

Project Hope is a collaboration of Public Health, Community Paramedics (first responders) and Peer mentors. This unique group identifies, engages, and supports those suffering from addiction through the complicated path of successful recovery. This presentation will take you through the steps to bring agencies together, ways to identify those in need, the assistance and barriers that are most common, and finally how the program is replicable and possible funding sources. With data, 911 reports, and law enforcement referrals, the Community Paramedics are able to identify those in need and go into the community to engage individuals suffering from opioid addiction. Once a connection is made, supports are put into place to assist with recovery. Peer mentors are then introduced to offer lived experience and help navigate the options best suited to the individual. Follow up visits and supports stay in place throughout the year. Data is collected to see where efforts are most needed, and to reduce death from repeat overdoses.

**Tribal Best Practices**

Jill Johnson, Tribal Wars Director, Oregon Health Authority

Carolyn Cross, Carlisle Tribes of the Non-Sprig

This workshop will address how tribal programs help keep our youth and adults away from drugs and alcohol, the history of Tribal programs, including Equine therapy and Canoe Journey. Presenters will discuss the HOC (Healing of the Canoe) curriculum and how Canoe Journey is a metaphor for Life’s Journey.

From Data Overload to Actionable Insights: How ECOCCO adopted data analytics to drive change

Chelsea Keating, MPH, ECOCCO

Eastern Oregon Coordinated Care Organization has been on a 48% reduction in high risk opioid prescribing ($20 MED+) in three years. How was this possible? To put it simply: data and clinical teams “learned in” to the data. By allowing an analyst to sit at the table with the clinicians driving decisions, ECOCCO was able to hone in on actionable insights from data and discover areas of improvement. This presentation is focused on the learned lessons around data and how having the right data can change the story. The discussion will cover three primary areas of focus: 1. What data questions were unanswered? (from “who are these patients?” to “how do I know what’s going on with them?”) 2. How do we look at our population globally and where are the opioids coming from (both prescribed and street drugs)? 3. How does data fit into my clinic’s workflow? Our hope is to inspire other COCs to use analytics to become one with their clinical teams, to take in as much data as possible, and make it actionable.

**Team-Based Approach to Caring for Patients on Chronic Opioid Therapy**

Jean Koenig, MD, Chair of KPNW Regional Forensics and Therapeutics Committee

Katherine Reese, PharmD, Pain Management Pharmacist Lead

Facing a nationwide opioid crisis and a lack of evidence in literature to show what type of intervention is most effective for supporting patients during an opioid taper, Primary Care clinicians are faced with limited time and resources to support patients through this complex process. Through creation of a multidisciplinary opioid management team, Kaiser Permanente Northwest (KPNW) has been “learning in the ongoing” to bring about opioid dose reduction with goals to: improve patient safety, function, and pain control; reduce medication costs; and improve clinician satisfaction. The team is comprised of a clinician lead, a licensed clinical pharmacist, and a small cadre of pain management pharmacists. The team has demonstrated marked success through three hallmark interventions. First, team members lead individually-detailed continuing medical education training for all KPNW Primary Care clinicians, expanding knowledge about chronic pain management resources and improved opioid safety. Second, the opioid management team works directly with both patients and their Primary Care clinician to manage the opioid taper while enhancing the patient’s non-opioid pain management skills. Third, the team coordinates with clinicians leads for targeted reviews of higher dose or higher risk situations, to help coach the prescribing clinician about treatment alternatives and suggested next steps. Through these three targeted approaches, patients have succeeded in improving their pain management skills at the same time as reducing reliance on opioids—and improving clinician and patient satisfaction alike.

**Embracing our Prescribing Legacy with Compassion: Chronic Persistent Opioid Dependence**

- Jim Shames, MD, Health Officer, Jackson County / Synergis Health Consulting
- Andrew Suchowiak, MD, MPH, Clackamas Health Centers
- Jane Ballantyne, MD, Professor/Researcher, University of Washington Dept. of Anesthesiology & Pain Medicine
- Paul Coelho, MD, Pain Specialist, Opioid De-Prescribing Clinic/Salem Health

**BREAK**

**2:45 – 4:30 P.M.**

**Advice to Patients on Use of Medical Cannabis**

- Dennis McCarty, PhD, Professor Emeritus, OHSU/PSU School of Public Health
- Samantha Sluiter-Mason, OHSU-PSU School of Public Health
- John Muench, MD, Professor, Family Medicine, OHSU

**4:30 P.M.**

Adjourn

**5:00 – 6:00 P.M.**

**Reception / Poster Session / Exhibits**
BREAK SESSIONS: SUSTAINING COMMUNITIES | 10:00 – 10:30 A.M.

SESSION 1 | CASCADE B

10:00 – 10:15 A.M. Building Trauma-Informed Medication Supported Recovery Services
- LYDIA BARTHOLOM, HPAH and PMPH CAST-AP, Medical Director, Central City Concern

10:15 – 10:30 A.M. Understanding the Importance of Tribal Relationships
- CAROLINE CRIZ, Confederated Tribes of Warm Springs, Health and Human Services Director
- JULIE JOHNSON, Paiute-Shoshone and Paiute-Greenfield CRN, PSS, Central City Concern Recovery

SESSION 2 | CASCADE E/F

10:00 – 10:30 A.M. Harm Reduction: An Inclusive Approach to the Recovery Continuum
- ANDREW SWANSON, Oregon Recovers
- HAVEN WHEELOCK, Outside In

SESSION 3 | CASCADE G

10:00 – 10:15 A.M. I Have My Suboxone: Data Waiver, Now What?
- ALICE MOLLE-CHRISTENSEN, CADCI

SESSION 4 | CASCADE H

10:15 – 10:30 A.M. Recovery High School and Alternative Peer Group
- PAT PEARCE, Recovery High School Graduate
- RILEY NELSON, Recovery High School Graduate

SESSION 5 | CASCADE H

10:15 – 10:30 A.M. Medication-Supported Recovery Services
- JENNIFER D. STARR, Nurse Practitioner, Roseburg Medical Society
- KRISTEN LACIJA, CPCCO

BREAK SESSIONS: THURSDAY, MAY 30, 2019 | 10:00 – 11:30 A.M.

10:00 – 11:15 A.M. Data-Informed Expansion of MAT Services: Process, Framework, and Clinical Transformation
- NEIL WISE, ODM, Medical Director
- JOHN WEST, ODM, Medical Director

10:00 – 11:30 A.M. Building Trauma-Informed Medication-Supported Recovery Services
- AMANDA SMITH, Oregon Health Authority

10:15 – 11:30 A.M. Medication-Supported Recovery Services
- JESSIE ROGERS, ODM, Medical Director

11:15 – 12:00 A.M. Just How Much? Evaluating the Return on Investment of Medication-Supported Recovery Services
- ANDREW WASHBURN, Project Manager, Oregon Recovers

SESSION 6 | CASCADE E/F

11:15 – 12:00 A.M. Creating an Integrated System of Care for Opioid Use Disorder from Hospital to School to Residential to Intensive Outpatient to Primary Care
- TALIE WENICK, CADCC, QMHA, Addiction Program Specialist, Hospital SU
- BILLIE L. CARTWRIGHT, MHMS, DBT, PSY, MS, Medication Management Services, Director, Behavioral Health Management, BestCare Treatment Services, Inc.
1. Oregon's First Recovery High School and Alternative Peer Group:
   - BEYoncé, Recovery High School Initiative
   - BRIAN ROYAL, M.S., Recovery Nurse M.W.

Statistics show that a significant number of providers with waivers do not use them, in part due to a lack of confidence or instruction around processes and resources. This 90-minute session will begin with an open discussion to create space for vulnerability and honest sharing of misconceptions and anxieties, and to create a comfortable and nonjudgmental atmosphere. The remainder of the session will include short lectures from the presenters, breakout group discussions, and full group share-outs. Topics will include: Tips for implementing Suboxone Prescribing in your clinic; Identifying community partners; Coordination and Collaboration along the treatment continuum. By the end of the session, participants can expect the following outcomes: increased confidence in navigating the use of their Suboxone Data Waiver; decreased stigma in seeking and utilizing resources; a concise set of recommendations and tips around connections to SUDS programs, ability to establish cross-sector partnerships along the health and treatment continuum; and a deepened understanding of collaboration with behavioral health support and community resources. Our team believes this training represents an essential step in connecting Suboxone Data Waivered providers to the resources they need to become effective and active Suboxone-prescribing providers and creating space for open dialogue, we can make progress towards increasing the number of active prescribers in Oregon.

**General Session**

**Thursday, May 30, 2019**

**Breakfast Session**

**Embracing our Prescribing Legacy with Compassion: Chronic Persistent Opioid Dependence**

** Presenter:** DR. WINDY, Chief Officer, Jackson County, Oregon Health Consulting

This facilitated discussion will explore the evolution of Chronic Persistent Opioid Dependence (CPOD), areas of alignment and disagreement, and the impact it has on patients.

**General Session**

**Thursday, May 30, 2019**

**Advice to Patients on Use of Medical Cannabis**

**Presenters:** DENNIS McCAIT, MD, Professor Emeritus, OHSU School of Public Health

**SAMANTHA SLAGHER MASON, OHSU-PSU School of Public Health**

Advising patients on use of medical cannabis for pain relief is complex. The purpose of this session is to share recommendations for patient education in this area, highlighting the benefits and potential risks associated with using medical cannabis for pain management.

**From Barriers to Opportunities: How a Rural Community is Creating Population-Level Change**

**Presenter:** SUSAN SHERIDAN, DO, Director, Department of Public Health

This session will explore how a rural community is working to remove barriers and create opportunities for population-level change in health outcomes. The focus will be on strategies and tools that can be applied in other rural and urban settings.

**5/29 Wednesday**

**Breakout Sessions:**

**Session 1:** CASCADE B

**3:00 – 3:45 PM**

**The Sheriff Will See You Now: Arrest, Incarceration, and Recovery**

**Presenter:**

**Session 2:** CASCADE C/D

**3:00 – 3:45 PM**

**Tribal Best Practices**

**Presenters:**

**Session 3:** CASCADE E/F

**3:00 – 3:45 PM**

**From Data Overload to Actionable Insights: How EOCO Adopted Data Analytics to Drive Change**

**Presenters:**

**Session 4:** CASCADE G

**3:00 – 3:45 PM**

**Understanding Pain & The Brain: Moving Beyond ‘Acute’ or ‘Chronic’ Thinking**

**Presenters:**

**Breakout Sessions:**

**Session 1:** CASCADE B

**3:00 – 3:45 PM**

**The Sheriff Will See You Now: Arrest, Incarceration, and Recovery**

**Presenters:**

**Session 2:** CASCADE C/D

**3:00 – 3:45 PM**

**Tribal Best Practices**

**Presenters:**

**Session 3:** CASCADE E/F

**3:00 – 3:45 PM**

**From Data Overload to Actionable Insights: How EOCO Adopted Data Analytics to Drive Change**

**Presenters:**

**Session 4:** CASCADE G

**3:00 – 3:45 PM**

**Understanding Pain & The Brain: Moving Beyond ‘Acute’ or ‘Chronic’ Thinking**

**Presenters:**

**Adjoint**

**Adjourn**
5/29 WEDNESDAY

Understanding the Importance of Tribal Relationships

Presenters:
- CAROLINE CRUZ, Confederated Tribes of Warm Springs, Health and Human Services Director
- JULIE JOHNSON, Paiute-Shoshone, Tribal Affairs Director-Oregon Health Authority

Buprenorphine Waiver Training

*meets until 12:30pm

Presenters:
- JONATHAN ROBBINS, MD, Professor/Physician, Oregon Health & Science University
- JESSICA GREGG, MD, PhD, Associate Professor/Physician, Oregon Health & Science University

Treating Persistent Pain: What Mental Health Professionals Need to Know

*meets until 5pm

Presenters:
- MARY WELLS, LCW, Behavioral Pain Specialist, Mosaic Medical

Wednesday, May 29th, 2019 | 12:00 – 2:30 P.M.

Medically Treated or Dangerously Numb: The Relationship Between Mental Wellbeing & The Opioid Crisis

-KIM SWANSON, PHD, Mosaic Medical

12:00 – 1:00PM

• Plated Lunch
• Welcome
• Opening Remarks

INTRODUCTION: DWIGHT HOLTON, CEO, Lines for Life
• Invited Guest: Oregon Attorney General Ellen Rosenblum

1:00 – 1:25 P.M.

Medically Treated or Dangerously Numb: The Relationship Between Mental Wellbeing & The Opioid Crisis

-KIM SWANSON, PHD, Mosaic Medical

1:25 – 2:10 P.M.

Sharing Our Resilience Journey: Patient Perspectives

- MICHELLE MARRIOS, PSS, Pain Peer Specialist, Moving Through Chronic Pain, LLC
- PANEL: ROGER BEST, CAROL MURPHY ARNE, JULIA FETZER, NANCY CAMPBELL HANKS, AND JOSHUA THOMPSON

2:10 – 2:25 P.M.

INTRODUCTION: JULIA PINSKY, Max’s Mission

Video: A Time to Remember, A Time to Act | REMARKS: ERIK KILGORE, Henry’s Uncle

2:25 – 2:30 P.M.

Closing Remarks

-KIM SWANSON, PHD, Mosaic Medical

2:30 – 3:00 P.M.

Break

SPONSOR PAVILION

What You Need to Know about the Latest Research on Pain Messaging – And How to Apply it to Your Work

MARI MADDISON, Riggs Communications

The opioid epidemic sweeping the nation has hit Oregon hard. It’s hurting our families and our communities, especially Native Americans, Black, Latinx and rural Oregonians. And we know that prescription painkillers are the on-ramp to dependence and addiction for many. Empowering diverse people to talk with their doctor about safer options for managing pain is the underpinning of a new prevention-focused behavior change campaign underway in Oregon. We know what you’re thinking; easier said than done. In this session, get a look at the groundbreaking research conducted across Oregon and the key insights that helped shape this new campaign. Learn how to apply a new narrative to successfully drive change in your own work.
CAROL MURPHY ARNE
Carol Murphy Arne, RN, CPNP, EMT-P, served in the Army for 31 years, most recently in Iraq. She has spent the last 12 years with the Oregon National Guard as a Physician Assistant. She has worked in the field of emergency medicine since the beginning of its existence at SCHC. Since November 2016, Dr. Dorris has worked in emergency medicine as a physician assistant. She has a current medical condition.

JALIEN DORRIS, DO
Dr. Dorris received her medical degree from the University of Oslo in 2004. She completed her residency at the University of Washington in 2007 and her fellowship in Pain Medicine at the Oregon Health and Science University in 2010. Since 2011, Dr. Dorris has been a Pain Management Specialist at SCHC. He has a current medical condition.

ERIC DAVIS, MSW, BCD, LCSW, QMHP, MAC, CADc II
For over a decade, Eric Davis has worked to make a difference in the health and welfare of Oregonians. He helped develop the first Tobacco-Free workplace for the Oregon Department of Agriculture and the Department of Labor in 2006. Davis opened four state-certified alcohol and drug treatment clinics, and his last year he opened a first suboxone clinic in Oregon. Davis paid a personal role in assisting Portland District Court in its first federal court for treatment services after several failed attempts. In 2009, he was presented a grant by National Institute on Drug Abuse for his current medical condition.

ZACHARY CORBETT, LA
Zachary also travels to Portland and Seattle to work on projects, and currently with the Oregon Health Authority.

BILLIE L. CARTWRIGHT, MHS, PHNP, CMC
Billie is a licensed professional nurse practitioner specializing in pain management. She is a VA staff nurse and provides care to veterans with chronic pain conditions. She has a current medical condition.

JANE BALLANTYNE, MD,

MELISSA BREWSTER, PHARMD,
Graduated from Davis Open and received his PharmD from the School of Pharmacy at the University of California at Davis. He completed his fellowship in Pain Medicine at the Oregon Health and Science University in 2010. Since 2011, Dr. Cuccaro has been a Pain Management Specialist at SCHC. He has a current medical condition.

LYDIA MURPHY ARNE
Lydia Murphy Arne is a research assistant at the St. Luke's Regional Medical Center and also a medical student at the University of Oregon. She has spent the last 10 years with the Oregon Health Authority. She has a current medical condition.

JAY P. BALLANTYNE, MD,
Dr. Ballantyne received her medical degree from the University of Washington in 2001. She completed her residency at the University of Washington in 2004 and her fellowship in Pain Medicine at the Oregon Health and Science University in 2010. Since 2011, Dr. Cuccaro has been a Pain Management Specialist at SCHC. He has a current medical condition.

LYDIA CORTEZ-HICKOK, PRC-CBM
Lydia Cortez-Hickox is the Oregon Inpatient Pain Management Program Director for integrative health since 2008, and she was the 8905th PMG Manager. Her current medical condition.

NORA STERN, PT, MS, PT
Lobby

ANDREW SUCHOCKI, MD, MPH
Dr. Suchocki is a clinical professor of Anesthesiology and Pain Medicine at the University of Washington. He is a member of the American Society of Interventional Pain Physicians and the International Association for the Study of Pain. He completed his fellowship in Pain Medicine at the Oregon Health and Science University in 2010. Since 2011, Dr. Cuccaro has been a Pain Management Specialist at SCHC. He has a current medical condition.

MISTY HULL
Understanding the Five Key Domains of Best Practice Pain Care and Making Your Easy: New Pain Education Tools for Oregon Providers and Patients

CO-LOCATOR: TIM GALLAGHER, MD, MBS, Medical Director, Clackamas Health Centers

NORA STERN, PT, MS, PT

SARA LOVE, ND, QMHP, MAC, CADC III

NORA STERN, PT, MS, PT

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HIGHLIGHTS
THURSDAY, MAY 30, 2019 | 8:00 – 9:30 A.M.

KEYNOTE: Beautiful Boy: A Father’s Journey Through His Son’s Addiction

DAVID SHEFF
Bestselling Author & Advocate on US Drug Crisis, Prevention & Treatment

Photo: Nate Nagel

“When my eldest son Nic began using, I learned that no one and no family is immune. Our family spent ten years in hell, I tried to get him help, I forced him into rehab programs. He did better for a while. But then he’d relapse. Over and over and over again.”

“Our family’s story is unique of course, but it is universal, too, in the way that every tale of addiction resonates with every other one. I’ll talk about how insistently addiction creeps into a family and takes over. Ultimately, I hope those listening will know that as discouraging it can be, they shouldn’t give up trying to save the life of someone they love.”

THURSDAY, MAY 30, 2019 | 1:30 – 2:15 P.M.

KEYNOTE: Getting Upstream of the Opioid & Other Drug Crisis: The Critical Role of Prevention

DANA HARGUNANI, MD, MPH
Oregon Health Authority’s Chief Medical Officer

Our call to action is that recognizing “an upstream” approach is fundamental to ending the crisis of opioids and other drugs. In addition to supporting the needs of Oregonians with chronic pain and ensuring access to evidence-based care for individuals with opioid use disorder, we must prioritize prevention strategies that address the underlying conditions fueling the epidemic of substance use disorders,-drug overdose and rising rates of suicide. It is crucial that we draw the readers of this document to the importance of drug addiction.

We must reject the idea that addiction is a result of personal choices and that individuals are responsible for their own addiction. Instead, we must focus on identifying the root causes of addiction and develop comprehensive prevention programs that address these root causes.

We must also acknowledge the impact of trauma on the brain and how it can lead to addiction. Research has shown that individuals who have experienced trauma are more likely to develop addiction.

We must also prioritize prevention strategies that address the underlying conditions fueling the epidemic of substance use disorders,-drug overdose and rising rates of suicide.

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We must also acknowledge the impact of trauma on the brain and how it can lead to addiction. Research has shown that individuals who have experienced trauma are more likely to develop addiction.
We are pleased to feature workshops with a tribal focus at the 2019 OAP Conference. These workshops include:

Understanding the Importance of Tribal Relationships, Tribal Best Practices, and Implementing an Integrated Medication-Assisted Treatment (MAT) Program at the Siletz Community Health Clinic (SCHC). The workshop, Understanding the Importance of Tribal Relationships, will be offered in a 4-hour format during the Preconference and a condensed, 90-minute format during the Conference. Workshop descriptions are listed on pages 14-16.

We acknowledge and thank presenters Caroline Cruz, Confederated Tribes of Warm Springs, Health and Human Services Director and Julie Johnson, Paiute-Shoshone, Tribal Affairs Director Oregon Health Authority, for leading two of the workshops. We would like to also thank the Confederated Tribes of Siletz for their sharing of knowledge and experience from a tribal community perspective.

TRIBAL WORKSHOPS

WEDNESDAY, MAY 29, 2019 | 12:45 – 1:00 P.M.

SILETZ COMMUNITY HEALTH CLINIC - 300

FOOKER: Opening Remarks

ELLEN ROSEBUSH
Oregon Attorney General

A former federal prosecutor and state trial and appellate judge, Ellen Rosebush was first elected to a four-year term as Oregon’s 27th Attorney General in 2012 and was re-elected to a second term in 2016. She is Oregon’s only two-term Attorney General. Her priorities include consumer protection and civil rights – advocating for and protecting Oregon’s children, seniors, immigrants and crime victims and those saddled with education-related debt.

Attorney General Rosebush has been a pioneer in championing constructive solutions to the opioid crisis and in holding pharmaceutical companies accountable to ensure compliance with state and federal safety and consumer protection laws.

Attorney General Rosebush has been active in local and national organizations of lawyers, judges and attorneys general. She has served on the Executive Committee of the National Association of Attorneys General and the Conference of Western Attorneys General. She has served as Secretary of the American Bar Association and as Chair of the ABA Section of State & Local Government Law. She co-founded the Attorneys General and Department of Justice Issues Committee (AGDJI).
For the purpose of re-licensure, the Oregon State Board of Nursing accepts the AMA PRA Category 1 Credit ™ for attendance at structured learning activities offered by organizations accredited by the ACME, (OAR 851-050-0142). St. Charles Health System is accredited by the Oregon Medical Association (OMA), which is recognized by ACME as an accreditor of providers in Oregon. The OMA system of accreditation is equivalent to that of ACME's national system.

PHYSICIAN ASSISTANT

The National Commission on Certification of Physician Assistants (NCCPA) states that the AMA PRA Category 1 Credit ™ is acceptable for continuing medical education requirements for recertification.

CE CREDITS

MHAACBO
All conference sessions are MHAACBO approved. See below for credit hours.

CONTINUING MEDICAL EDUCATION CREDIT
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of St. Charles Health System and Lines for Life. St. Charles Health System is accredited by the Oregon Medical Association to provide continuing medical education for physicians. St. Charles Health System designates this activity for a maximum of 1 AMA PRA Category 1 Credit ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

LICENSED SOCIAL WORKERS
The Oregon Board of Licensed Social Workers accepts AMA PRA Category 1 Credit ™ for continuing education requirements. Many other disciplines such as researchers, PharmD's, occupational therapists, physical therapists and anesth-techns test request credit memos for re-licensure or recertification if applicable. Many societies and credentialing bodies accept the AMA PRA Category 1 Credit ™ as an equivalent, as long as the topic is relevant to the applicant's field or discipline.

If you have doubts whether an activity will qualify for CE, contact your professional board prior to registering for the course.

WEDNESDAY, MAY 29, 2019

CONFERENCE
- Learning Lab: The Art of Compassionate Tapering; Understanding How to Explain Pain; Understanding the Importance of Tital Relations
Total: 3.75 AMA PRA Category 1 Credits ™

THURSDAY, MAY 30, 2019

CONFERENCE
- 5.5 AMA PRA Category 1 Credits ™

Frida y, May 31, 2019

CONFERENCE

JULIE SIMON

Treat your pain with compassion, not punishment.

AMERICAN COLLEGE OF ADDICTION TREATMENT & REHABILITATION PHYSICIANS

2019 OREGON CONFERENCE ON OPIOIDS + OTHER DRUGS, PAIN + ADDICTION TREATMENT
KIMBERLY SWANSON, PHD
Bastyr University School of Naturopathic Medicine Clinical psychologist working full time as the Director for Behavioral Health at Salud America! where she oversees both the Primary Care Integrated Behavioral Health team and coordinated Substance Use treatment. With over 20 years combined experience in medicine, research, and intervention development, her work focuses on ways to help the underserved on their healing journey.

JOSHUA THOMPSON, ND
Andrew Kaukal is a national board-certified and licensed Doctor of Naturopathic Medicine practicing at the Community Health Centers of Oregon. He graduated from Bastyr University in 2017 and currently provides care to patients suffering with pain. He has an ongoing community and commitment to stay the cutting edge of natural medicine and apply this knowledge for behavioral treatments for pain.

MARY WELLS, LCSW
Mary Wells, LCSW, has a passion to empower and support those living in pain. She has created an intensive multi-modality treatment program for Medication patients, and later developed Quality of Life, a paced and sequenced program that is delivered in a group or individually at Medical - a Federally Qualified Health Center with 5 clinics in Central Oregon. Mary regularly trains behavioral health professionals of all levels to treat persistent pain while providing care coordination with the medical team. Her goal is to train Main Health professionals to be active in the pain treatment team in both medical and outpatient settings to positively impact outcomes for their patients suffering with pain. She has an ongoing commitment and commitment to stay the cutting edge of natural medicine and apply this knowledge for behavioral treatments for pain.

TALIE WENZEL, CACD, LCMH
Talie has been in the addiction field for over 10 years and has contributed to services in many aspects of Opioid Treatment Services Program in Bend, including, Recovery Mentor (a key Treatment Liaison for Drug Court, Alcohol Specialist, and currently Addiction Specialist for the Hospital SUD Team). Talie is very passionate about her work and looks forward to a long career in this field. She is a person in long-tern recovery from substance abuse, which has given her a lived experience, which facilitates connecting with her clients who are struggling with addiction. She is dedicated to mother to her 15-year-old son, and in her free time she loves to hike, camp and read. Talie serves as a board member for The Bend Recovery Community Foundation, which serves the people of Central Oregon.

HAYDEN WHEELOCK

LAND ACKNOWLEDGEMENT

Lines for life would like to acknowledge that the land we are meeting on today is the occupied homelands of the Warm Springs, Wasco and Paiute bands/tribes. We acknowledge the painful history of genocide and forced removal form this territory, and we honor and respect the many diverse Indigenous peoples still connected to this land on which we gather.

FUNCTION LOCATIONS

The Oregon Conference on Opioids + Other Drugs, Pain + Addiction Treatment REGISTRATION is located in the lobby of the Riverhouse conference center. All sessions will be held in the conference center. General sessions will be held downstairs in the Cascade Sahali Hall. Precconference workshops and breakout sessions will be held on the main floor. A plated lunch will be served before the opening session on Wednesday, May 29th, 2019 beginning at 12:30 p.m. The program will begin at 1:30 p.m. A plated breakfast will be served on Thursday, May 30th, 2019 from 7:00 and ending at 7:45 a.m. to ensure a prompt start time of our featured keynote speaker, David Sheff.

An EVENING RECEPTION will be held on Thursday, May 30th, 2019 from 4:30 – 6:30 p.m. Come enjoy appetizers and a no-host beer while networking with your peers.

SPONSOR PAVILION (see below)

Visit the SPONSOR PAVILION located in Cascade A/J/I. It will be open during the entire conference, including the reception on May 30th. Please take time to visit the tables and meet the organization representatives.

SLOAN STORIE, MA
Sloan Storie is a doctoral candidate in the Department of Special Education and Clinical Sciences at the University of Oregon. She received her undergraduate and master’s degrees at West Virginia University and is a licensed early childhood special educator from birth – kindergarten. Her research interests focus on (1) building community capacity, (2) observation and implementation of evidence-based practices, and (3) personnel preparation of ECSE teachers.

ANDREW SUCHOCKI, MD, MPH
Andrew Suchocki is currently the medical director at Clackamas Health Center (CHC), his office has also served as his medical school at Ohio State and Family Medicine residency at the University of Cincinnati. After several years of working in IFCHC’s Community mental health agencies, he co-founded a Providence Medicine residency and MPH at Johns Hopkins University Andrew focused on laboratory diagnosis, significant improvements in treatment, sub-Saharan and East Africa, transitioning to a professional focus after his regional training has included advisory roles for Family Care, CareOregon, and Health Share. He participates on the Oregon Opioid Prescribing Guidelines Task Force, co-chairing the county-wide Clackamas Pain Collaborative. He serves as the clinical investigator for the OHSU Family medicine/CMC research group and is on the board of the Oregon Primary Care Association (OPCA).

ANDREW SWANSON
Andrew grew up in full time, where he began his first career in windsurfing at 12. By the age of 16 he moved to Europe to learn his trade. Several factors in the United States made it hard to compete, so he travelled while simultaneously battling addiction to IV heroin and methamphetamine. After years of hard work and support, Andrew was able to change his life and has since become a tenacious advocate for the recovery community, and is the Program Manager for Oregon Recovers. In addition to his work with Oregon Recovers, Andrew is putting a bachelor’s degree in Social Sciences from Portland State University and plans to graduate this summer. In his free time, you’ll find him exploring the Pacific Northwest with his dog and his girlfriend or snowboarding on Mt. Hood.

ANN THOMAS, MD, MPH
Ann received her Bachelor’s degree at Stanford University and her MD from Columbia University College of Physicians and Surgeons in New York. After a pediatric residency at Children’s Hospital of Los Angeles, she was in private practice for three years. Then she joined the CDC’s Division of Wound Injuries and served for two years with the Wound Injuries Elimination in the National World War II Pacific Region. Afterwards, she completed a preventive medicine residency at CDC, which included four years on the faculty at Emory University. She is currently a public health physician with the Emerging Infections Program of the Centers for Disease Public Health Division and serves as principal investigator on several CDC funded projects.

Sponsor Pavilion (see below)

Visit the SPONSOR PAVILION located in Cascade A/J/I. It will be open during the entire conference, including the reception on May 30th. Please take time to visit the tables and meet the organization representatives.
The OREGON CONFERENCE ON OPIOIDS + OTHER DRUGS, PAIN + ADDICTION TREATMENT begins with preconference workshops on Wednesday, May 29, 2019 (pg 7-8). These workshops provide clinicians an opportunity for skill building and experiential learning. This includes learning to use buprenorphine to treat both Opioid Use Disorder and CPOD Chronic Persistent Opioid Dependency, applying compassionate motivational tools and strategies for guiding patient behaviors, gaining a better understanding of how to treat Mental Health disorders co-occurring with pain and many other skills essential to delivering best practice care for pain and substance use disorder.

We begin the conference on Wednesday afternoon, May 29, 2019 after the conclusion of the preconference workshops. The conference continues with a keynote address from David Sheff on Thursday, May 30, 2019 and ends the morning of Friday, May 31, 2019.

We kick things off by exploring the scope of the problem, our successes and challenges and what lies ahead.

General sessions include riveting speakers and didactic discussions on areas of disagreement to foster learning and dynamic conversation.

Breakout session presentations were selected from submissions generated through a call for proposals process and organized by concepts instead of tracks (e.g.; healthcare, law enforcement, etc.).

This year’s agenda aspires to foster collaboration and break down silos that create fragmentation and impede communication across systems. Tracks drive participants to choose a session based on scope of practice and discourage collaborative discussion between different groups.

Breakout session speakers will provide dynamic, thought-providing presentations based on the concepts rooted in current best practice, emerging evidence and Oregon’s comprehensive approach to reduce harms from opioids and other drugs including:

- **WE CAN DO THIS!** Celebrating success and leaning into opportunities
- **SUSTAINING COMMUNITIES:** Embracing the full spectrum of healing: from harm reduction to treatment and long-term recovery
- **PROMOTING PREVENTION:** Elevating upstream investments to help Oregon thrive

We end with a call to action to create partnerships for success.

**TOGETHER, WE WILL MOVE OREGON FROM CRISIS TO RECOVERY.**
Oregon has made important progress in addressing opioids, pain, and addiction treatment. We have successfully reduced the flood of prescribed opioids that inundated our communities. Opioid prescribing is down for all age groups since January 2016 and drug overdose hospitalizations and drug overdose deaths due to prescription opioids are declining. We have gone from ranking first in the non-medical use of opioids in the nation in 2010–2011 to sixth (2013–2014), however, we still have work to do.

We are witnessing an alarming rise in the deaths of despair nationwide. The number of suicides, overdoses, and diseases caused by substance use disorder is devastating families and communities. According to the Centers for Disease Control, life expectancy for Americans dropped once again in 2017, as the rates of fatal opioid overdoses and suicides continued to climb.

These deaths of despair are not a singular crisis but a syndemic. To tackle this problem, we must address the social context of substance use disorder, pain, and suffering as well as advancing evidence-based guidelines and treatment. The current spotlight on the opioid crisis presents an opportunity to work across the multiple systems that touch the lives of those impacted by pain and substance use disorder and improve the effectiveness and quality of care.

We are set to take the next step to create a healthier Oregon, moving communities and systems to action with a simple but direct mission: We can do this!

Our aim is to bring together large health systems, community, law enforcement, community advocates and the treatment and recovery community to chart a clear and direct path for making lasting change. We hope to expand access to treatment for substance use disorder and harm reduction services, improve pain treatment, and build safer care and supports for people struggling with pain and substance use disorder.

With help from lots of folks, last year’s inaugural conference was a tremendous success. We convened over 450 committed people from across Oregon – across the complex landscape of our crisis of opioids and other drugs — to share and develop innovative ideas for making change in Oregon.

This year’s conference features dynamic national and local speakers, including a keynote address from David Sheff, author of the bestselling novel and movie, “Beautiful Boy”. In his novel, Mr. Sheff shares his son Nic and the Sheff family’s struggle with substance use disorder. David’s family experience sets the tone and explores the urgent need for making changes that better serve our communities. The conference will feature tribal workshops, launch a training on the Art of Compassionate Tapering, and law enforcement efforts to work with health systems to introduce Medication Assisted Therapies in jails and prisons.

We’d like to thank everyone involved in planning this year’s conference – it was truly a team effort. First, we’d like to thank the 2019 OPAT Conference Planning Committee. Our planning team represents behavioral health, health care, public health, law enforcement, the treatment and recovery community and others. We also extend our appreciation and gratitude to our local partners including the Central Oregon Health Council, St. Charles Health System, Deschutes County Public Health, and Mosaic Medical. We’d like to recognize and thank Oregon Health Authority and Oregon Pain Guidance for their leadership and continued support of Lines for Life’s efforts to reduce substance abuse statewide.

Lastly, we acknowledge our friend and colleague Lauren Miller. Lauren was a smart, fierce, and incredibly talented event coordinator at Lines for Life. She was instrumental to the success of last year’s conference. Before she unexpectedly passed away in March, Lauren spent months working tirelessly to set us up for another successful event. Thank you, Lauren.

We thank you for joining us today. Together, we will move Oregon from crisis to recovery.
THANK YOU TO OUR CONFERENCE SPONSORS AND PLANNING TEAM

The Oregon Conference on Opioids, Pain and Addiction Treatment is hosted by Lines for Life and funded through Oregon Health Authority. In addition, it would not have been possible without the support of our generous donors.

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We would like to extend a special thank you to:

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Keynote Speakers

David Steff, Dana Hargraves, MD, MPH

INVITED GUEST

Oregon Attorney General Ellen Rosenblum

PRESENTERS

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Joshua Thompson
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Bill Walker, MD
Mary Wells
Tate Wernick, CADCI, QMHA
Haven Wheelock

CONFERENCE SUPPORT


Building Resilience in Chronic Pain

A Free Community Forum & Resource Fair

Wednesday, May 29th 2019 at 4:30pm
Deschutes County Fairgrounds - Middle Sister Building

Free informational event offering community resources and support for those affected by chronic pain.

INVITED GUEST

Launette Rieb
MD, MSc, CCP, FCPP, DABAM, FASAM

Additional Speakers

David Otto, DC, Chiropractor
Jim Porter, Bend Police Chief
John Hummel, JD, District Attorney
Kim Swanson, PhD, Clinical Psychologist

RSVP

or call 541.382.1816

• Resource Fair for chronic pain management
• Naloxone training and distribution
• Free dinner for all attendees

For more information email respond@classactevents.net or call 541.382.1816

45,000 people are living with chronic pain in our region.