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Lines for Life
Max’s Mission
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Oregon Prevention Education and Recovery Association
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Thank you to our conference sponsors and planning team

The Oregon Conference on Opioids, Pain and Addiction Treatment is hosted by Lines for Life and funded through Oregon Health Authority. In addition it would not have been possible without the support of our generous donors.

This event was supported by the Oregon Health Authority Cooperative Agreement 6NU17 CE002751-03-03, funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.

This event is a joint providership between St. Charles Health System and Lines for Life. St. Charles Health System is accredited by the Oregon Medical Association to provide continuing medical education for physicians.

We would like to extend a special thank you to:

**Planning Advisory Team**
Catriona Buist, PsyD; Melissa Cantwell, MHA, CMPE; Paul Coelho, MD; Laura Heesacker, LCSW; Tim Hartnett; Dwight Holton; David Labby, MD, PhD; Anna Lembke, MD; Jim Shames, MD; Nora Stern, MS PT; Elizabeth White, MPA

**Keynote Speakers**
David Labby, MD, PhD; Anna Lembke, MD; Amy Peeples, MPA; Rachel Solotaroff, MD

**Presenters**
Lavinia Goto, RN, CDE, MBA, MPH, DHA
Alena Guggenheim, MD
Christy Hall
Tim Hartnett
Laura Heesacker, LCSW
Aryl L. Herron, MPH
Ana Hilde, MD, MPH
Charles Hoffman, MD, MACP
Dwight Holton
Mark Kantor, RP\P
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Rick Kincaide, MD
Safia Koreshi, MD, MPH
Alice Molla-Chrestensen, CADCOI
David Labby, MD, PhD
Anna Lembke, MD
Paul Lewis, MD, MPH
Jeremy Lynn, MD, FACEP
John Mahan, MD, FASAM, RAPA
Michelle Markos, PSS
Elisabeth Maxwell, MS, PhD
Andy Mendenhall, MD, DABAM, DABFM, DAAPM
Kristin Miller, MD
Lima Millet, MSH
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Melanie Nixon, NCMA
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David Parsons, MD, FASCRS
Amy Peeples, MPA
Julia Pinsky
Justine Pope, MPH
Ana Ramirez, NCMA
Jim Shames, MD
Lisa Shields
Sara Smith, RN, BSN
Ariel Smits, MD, MPH
Rachel Solotaroff, MD, MCR
John Spence, MSW, PhD
Joshua Stenersen, MBA, MHA
Mark Stephens
Nora Stern, MS PT
Andrew Suchooi, MD, MPH
Brianna Sustercic, MD, DABIM, DABAM
Kimberly Swanson, PhD
Rebecca Wood

**Conference Support**
Lines for Life Staff: Elizabeth White, Donna Loomer, Ada Wright, Lauren Miller, Jaime Chaffee, Fiona Milligan, Debbie Zwetchkenbaum, Shari Altree, Natalie Sept and Lelli Gillette

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OPIOIDS IN LANE COUNTY: WHAT YOU NEED TO KNOW

Hosted by: Lane County Pain Guidance & Safety Alliance

Topics include:
- Alternatives to pain management
- Substance abuse treatment options
- Overdose response training

Food & Refreshments provided

Free Narcan provided to those who attend overdose response training.

May 17, 2018
Eugene Public Library
5:30-7:30 pm
Presentations begin at 5:45

Lane County encourages persons with disabilities to participate in their programs and activities. Please email Leilani Brewer at leilani.brewer@co.lane.or.us or call 541.799.3377 to request accommodations.

Presentation materials in a non-English language available upon request.
The opioid crisis is wreaking havoc on individuals, families and communities in Oregon and nationwide. The Centers for Disease Control estimates more than 63,600 people in the United States lost their lives to drug overdose in 2016. In Oregon, drug overdose has overtaken motor vehicle crashes as a cause of death. Although Oregon no longer ranks the highest in opioid misuse in the nation, increased opioid abuse has resulted in an alarming increase of hepatitis C virus (HCV), infections and overdose for people who inject substances. This epidemic has stretched the capacity of health systems, clinicians and communities to find effective strategies that address the complex challenges of providing safe and effective treatments for pain, reducing the number of opioids prescribed, and removing barriers to treatment for opioid addiction.

We can solve this crisis by joining together across disciplines, practice, and regions to mount a comprehensive response to these complex challenges. In Oregon, we have demonstrated a remarkable ability to bring state and local partners together to find innovative solutions. The Oregon Conference on Opioids, Pain and Addiction Treatment has been shaped and informed by efforts led by state and local governments, health systems, and communities to tackle this crisis. By bringing diverse stakeholders together, the conference serves as a catalyst to inspire change.

For six years, Oregon Pain Guidance (OPG) has hosted an annual pain conference, A Thoughtful Approach to Pain Management, nationally recognized for its problem-solving based approach to learning and collaboration. The conference has now grown into a statewide effort – building upon the successful model pioneered by OPG.

The Oregon Conference on Opioids, Pain and Addiction Treatment, hosted by Lines for Life, is the first of its kind statewide event. The expanded synergy across the state and new funding for opioid abuse and prevention activities, presented an opportunity for this conference to become the conference on opioids, pain and addiction treatment for Oregon. The conference is sponsored by the Oregon Health Authority with additional support from health system, behavioral health, law enforcement and community partners. We are incredibly thankful for this support from a large and diverse number of partners committed to ending this crisis.

Since 2015, we have been bringing together stakeholders at regional summits across Oregon to share best practices, inspire and support local action to end Oregon’s opioid crisis. The conference will use the power of convening provided by Lines for Life combined with the expertise of OPG and the commitment and passion of conference participants to spark enduring change.

For the next three days, we will share our successes and lessons learned. We will participate in problem-solving sessions led by state and national experts using real-life clinical and policy initiatives to enhance our understanding and ability to effect change. Most importantly, we will go back to our respected organizations and inspire others to work together to defeat the opioid crisis and transform pain management and addiction treatment.
ORt/EROP N AIN GUIDANCE LEADERSHIP

Oregon Pain Guidance (OPG) is a leader in the field of safe pain management and has created a model for standardized community guidelines and best practices for treating pain. OPG is a diverse group of 70 health care professionals from Jackson and Josephine Counties, formed to respond to the growing number of prescription opioid deaths in the community. OPG has hosted pain conferences for 6 years, achieving national recognition for their problem-solving based approach to learning and collaboration.

Lines for Life, an Oregon non-profit dedicated to preventing substance abuse and suicide, worked in collaboration with OPG to plan the Oregon Conference on Opioids, Pain and Addiction Treatment. OPG recognized planning and executing a larger scale conference included the need for broader organizing and a fiscal agent with stronger influence at the state and federal level and asked Lines for Life to convene the conference. Lines for Life in turn recognized the immense value of the experience and past relationships OPG formed with local partners, faculty, and other content experts across the state.

Although the structure of the conference shifted to meet the expanded focus on opioids, pain and addiction treatment, the core elements of the prior pain conferences remained intact. OPG’s approach and guidance was essential to conference planning—ensuring a dynamic educational experience rooted in current research and best practices.

We’d like to express our gratitude and appreciation to Laura Heesacker and Dr. Jim Shames. Laura and Dr. Shames provided the key ingredients to conference planning: expertise, experience, compassion and knowledge.

Dr. Jim Shames has lived and practiced in Southern Oregon since 1973. He is Board certified in Family Medicine as well as Addiction Medicine. He was the founding physician and Medical Director of the Siskiyou Community Health Center in Josephine County, and also worked for La Clinica in Jackson County during its founding years. He then served as the Medical Director of Allied Health Services, providing Medication Assisted Therapy for individuals with opioid use disorder, from 1990-2017. He has been the Medical Director and Health Officer for Jackson County since 2002. In response to the growing epidemic of opioid overdoses (prescription pills and heroin), Dr. Shames has been instrumental in the formation of Oregon Pain Guidance (OPG – formerly Opioid Prescribers Group) which is a collaboration of health care providers in Southern Oregon that facilitate the appropriate and safe treatment of chronic pain. The OPG has created guidelines for safe prescribing as well as having created a website for both professionals and public (www.oregonpainguidance.org). In 2012 Dr. Shames was awarded the Doctor–Citizen of the Year Award (www.oregonpainguidance.org). In 2012 Dr. Shames was awarded the Doctor–Citizen of the Year Award (www.oregonpainguidance.org).

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In 2014, he became the Multnomah and pandemic flu planning. In 2008, work on bioterrorism clinician education, the region’s first pediatric HIV clinic. In 2009, he returned to Oregon to join the OHSU Pediatrics Officer for Clackamas, Multnomah, and Dr. Lewis serves as the Multnomah County Scappoose. She is Board Certified in Columbia Pacific CCO and Assistant Safina Koreishi is medical director of hospital and ambulatory settings, and leadership experience in a variety of initiatives in Oregon. She has been actively involved in a variety of community resources.  

MICHELLE MARROIS, PSS  
Michelle is a Peer Support Specialist Living with Opiotic. Parting with Oregon Pain Guidance, Oregon Health Authority and mental health providers to bridge the gap between providers and their patients.  

ELISABETH MAXWELL, MD, PHD  
Elisabeth Maxwell is an Assistant Professor and Prevention Coordinator and the Prescription Drug Overdose Prevention Coordinator and the Oregon Prescription Program. Dr. Maxwell works with a multi-disciplined team in planning and implementing the Lane County Alcohol and Drug prevention work plan. She has a background in social health and violence, drug use, mental illness and depression issued from Washington University in St. Louis, is a member of the American Medical Association and Oregon Academy of Physicians.  

LISA MILLET, MD  
Ms. Millet has been the Director of the Oregon Institute for Prevention (OIP) Program in the Oregon Public Health Division since 1999. Ms. Millet oversees the design, implementation, evaluation, and dissemination of evidence-based interventions for the prevention of substance use disorder and injury prevention planning. She has a Masters degree and doctorate in Public Health from Oregon State University (OSU). Elisabeth Maxwell is a Peer Support Specialist Living with Opiotic. Parting with Oregon Pain Guidance, Oregon Health Authority and mental health providers to bridge the gap between providers and their patients.  

MICHAEL PARCHMAN, MD, MPH  
Michael Parchman is a nationally recognized scholar in chronic illness care and a recognized scholar in chronic illness care and has a strong interest in improving care for patients presenting to the Emergency Department with substance use disorder and substance use disorder and substance use disorder treatment and examples of transformation involving individuals, systems, and the opioid crisis.  

Each half day includes a keynote, transformation panel and problem-solving exercise. The keynote presentations are abbreviated to allow for more conversation and collaboration among participants. The transformation panels highlight experiences involving conceptual change regarding pain and addiction treatment and examples of transformation involving individuals, systems, and the opioid crisis. Each section of the conference, PAIN, ADDICTION, OPIOIDS, includes breakout sessions divided into “tracks.” These sessions have a practice component, a systems component, and a community component, i.e., CLINICAL, HEALTH SYSTEM, COMMUNITY. Each section is tailored to the needs of clinicians, health systems staff and community professionals working to achieve change.
A certification of completion will be provided to those attendees requesting certificates and will be available for pick up at the registration desk at the end of each conference day. ACCBO and CME certificates will also be available.

Thursday, May 17 - Pre-Conference
Workshops 1, 2, & 3: 4:25 AMA PRA Category 1 credits
Lunch Session 0.75 AMA PRA Category 1 credits
Total 9.0 AMA PRA Category 1 credits

Friday, May 18 – Day 1
7.0 credit hours AMA PRA Category 1 credits

Saturday, May 19 – Day 2
3.75 AMA PRA Category 1 credits

Target Audience
Physicians, dentists, pharmacists, nurses, nurse practitioners, naturopaths, physician assistants, medical assistants, administrators, public health, substance use disorder treatment providers, mental health treatment providers, tribal leaders and health care providers, case managers, law enforcement, community members and others.

Learning Objectives
• Apply a coordinated, team-based approach to provide safer and more effective pain care
• Explain how to build better clinical pathways for managing persistent pain and opioid use disorder
• Describe health system, clinical and community strategies to reduce opioid abuse and improve access to effective and safer alternatives to opioids for pain treatment
• Demonstrate effective information exchange with teaming partners, their families and professional associates

Continuing Education Credits
ACCBO
All conference sessions are ACCBO approved. See below for credit hours.

Continuing Medical Education Credit
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of St. Charles Health System and Lines for Life. St. Charles Health System is accredited by the Oregon Medical Association to provide continuing medical education for physicians.

St. Charles Health System Designates this Live Activity for a maximum of 19.75 AMA PRA Category 1 credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Deputy Sheriff for Santa Clara County, California, and worked in a Housing Project with undernourished youth. Ms. Ouz served as the main author for Oregon Tribal Best Practices and developed curriculum and trainings for certifying prevention specialists.

KEYN CUCCARO, DO
Dr. Cuccaro is a board-certified Family Med- icine Practitioner and has taught at the Chicago College of Osteopathic Medicine, trained in anesthesiology at The University of Chicago, and attended Pain Management at the University of Michigan. Later, he served as associate program director of the Nal- odor Pain Management Center San Diego’s Pain Medicine Fellowship program. In 2016, he became Oregon Health Authority’s Tobacco腾讯 Center’s Clinical Innovations Fellow for his work involving pain education for healthcare providers in Patient-Centered Primary Care Homes. Dr. Cuccaro currently serves on the Oregon Pain Management Commission as well as the Oregon Health Authority Health Evidence Review Committee’s Chronic Pain Task Force. He also maintains a small private practice in Philomath, Oregon.

LIANNE DYCHE, MSW, LCSW
A graduate of Portland State University with a Masters in Social Work, Lianne provides diagnosis and treatment for community members with persistent pain and Post-Traumatic Stress Disorder. Lianne develops and facilitates ACT Beyond Pain, a fusion of Acceptance and Commitment Therapy pain science, gentle yoga and mindfulness within a Bio- psychosocial group model. Lianne is a founding member of Mid-Valley Pain Alliance and the PaintU Re- view Committee.

KATE FRAME
Kate Frame is a communications professional working with Advanced Health Coordinated Care Organization to coordinate the Prescription Drug Overdose Prevention project for Coos and Curry Counties. Kate’s career in community-driven systems change has been focused in the practice of using local data to make decisions, allocate resources, and develop plans. By engaging stakeholders from multiple systems in planning processes together, Kate’s work has resulted in an increase of resources and capacity for collaboration in rural Oregon communities.

Crisis Gibson, EmPh
Chris Gibson was appointed as the Oregon- based High Intensity Drug Trafficking Area (HIDA) Executive Director on November 1, 2006. Ms. Gibson currently serves as the Chairman of the National Emerging Threat Initiative’s (NETI) oversight committee and as Vice President of the National HIDA Director Association. The White House Office of National Drug Control Policy recognized Chris with the Edward Williams Lifetime Achievement Award during the 2018 National HIDA Conference in Washing- ton, D.C. Chris served for 18 years in local law enforcement and achieved the rank of Deputy Chief of Police. Chris is also a graduate of the 20th session of the Federal Bureau of Investigation’s National Academy. In addition to its duties as Oregon HIDA Director, Chris serves as a member of the Oregon Lines for Life Executive Committee and the Opioid Stigma and Related syndromes.

CHRISTY HALL
Christy Hali is a Full Spectrum doula and is certified and working with people dealing with substance use disorders, trauma survivors, and has been a health educator focusing on social determinants of health, and healthcare administrator overseeing programs in many different settings (acute, rural, and community). (lct).

JESSICA GREGG, MD, PhD
Dr. Jessica Gregg received her undergraduate degree from Stanford University, her medical degree from the University of New Mexico, and her doctorate in medical anthropology from Emory University. She is board certified in internal medicine and addiction medicine and is a practicing physician with IMPACT, OHSU’s addiction medicine consult service. Dr. Gregg is also the Medical Director for OHSU’s Addiction Medicine ED Clinic and the Associate Program Director for OHSU’s Addiction Medicine Fellowship. Her previous work includes designing and directing OHSU’s Social Medicine Curriculum, which focuses on Internal Medicine resident physicians in safety net clinics, serving as Senior Medical Director for Substance Use Disorder services at Central City Concern, an agency serving adults impaired by homelessness, poverty and addiction. She is also a Board Certifiedaddiction specialist and Medical Director for the Health Professionals, Services program of the Oregon Alcohol and Drug Policy Commission, as well as the Oregon Prevention Education and Recovery Association (OREPA), and as a member of the executive and steering committees of the National Institute on Drug Abuse’s Clinical Trials Network. Prior to joining Oregon Health Authority, Dr. Gregg was a visiting scholar at the National Institute on Drug Abuse and Drug Prevention and Recovery for the State of New Hampshire of the Responsible Use of Meds (ORM), a task force that is a part of the opioid crisis, including recent articles in the Annals of Internal Medicine, the Washington Post, and Time Magazine.

ALENA GUGGENHEIM, MD
Alena Guggenheim is a Naturopathic Physician with a passion for helping patients that don’t fit neatly in the medical box. Medicine is in her genes, as a fourth generation physician, but she brings a new approach in which seemingly unrelated symptoms are approached within the context of the whole person.

In 2015 she started working for the U.S. Food and Drug Administration and the Clackamas County Opioid Strategic Plan. April enjoys collaborating with and engaging community partners to promote safe access to treatment and safe management of chronic pain. She is a member of the Clackamas County Safety Coalition, and participates in regional efforts around overdose prevention and opioid trends. April received her MPH with a focus in Health Promotion and Disease Prevention at Oregon State University and her B.S. in Health Education from Western Oregon University.

ANNA HILDE, MD, MPH
Anna Hin is a child and adolescent psychiatry fellow at Oregon Health & Science University. She completed an Internal Medicine residency at Oregon Health and Science University and general psychiatry training at the John A. Burns School of Medicine in Hawaii. Her personal history with substance use has profoundly affected her view of medicine. Her work currently includes working with teens and young adults with mental health and substance use disorders.

CHRIS HOFMANN, MD, MACP
Chuck Hofmann practiced IM in Baker City 1981-2001, and served on Oregon Health Board and Oregon Health Policy Board 2007-2012. Currently Clinical Professor for EOCOCO and Medical Director of New Directions Northwest, an integrated behavioral health and substance abuse treatment facility which includes an outpatient-based opioid treatment program.

Dwight Holton
Dwight Holton is the Chief Executive Officer of Lines for Life, a suicide and substance abuse prevention nonprofit that promotes healthy communities through evidence-based research, advocacy and public policy. Dwight served as U.S. Attorney for Oregon in 2010-2015. He chairs the Oregon Coalition for Responsible Use of Meds (ORM), a task force advocating for responsible use of prescription opioids, misuse and overuse. As U.S. Attorney, Dwight convened the first statewide Prescription Drug Abuse Summit in the nation bringing together leaders to shed light on the epidemic of Rx abuse and his Master of Health Administration from Portland State University. Dwight has been named as Outstanding Attorney in Oregon 2018-2019. Dwight has been on the board of Oregon’s Children’s Trust Fund for his work on Rx abuse.

Mark Kantor
Mark Kantor works extensively on the opioid crisis in rural Southern Oregon. As a pharmacist with 16 years in community pharmacy practice, Mark has administered
LYDIA A. ANNE M. BARTHOLOW, DNP, PMHNP-ACNP, MSN
Dr. Ané is a doctoral prepared psychiatric nurse practitioner, substance use disorder specialist, and educator located in Portland, Oregon. She is the Associate Medical Director of Outpatient Substance Use Disorders at Central City Concern, a houseless health services center. She provides direct care for dual-diagnosis clients, and oversees the safety and clinical quality of all patient care.

Melissa B. Gast, MD
Dr. Gast is a board certified Internist who specializes in addiction medicine and family medicine. She has experience working in the front-line of opioid overdose prevention and treatment. She also serves as a consultant and lecturer for regional Burning Man events and other festivals to assist in training staff in providing harm reduction services.

GREGORY S. BRIGHAM, PHD
Dr. Gregory S. Brigham received a Master of Arts degree in Alcoholism and Drug Abuse Ministry from the New Mexico Methodist Theological School in Delaware (Methodist) and a Ph.D. from Ohio State University. He is an ABPP Board Certified Clinical Psychologist, and an American Society of Addiction Psychology (ASAP) Fellow in the Society of Addiction Psychology. He has specialized in the field of addictions and mental health treatment and prevention for over thirty five years. He has authored or co-authored over 50 academic peer-reviewed publications and developed, co-authored or edited numerous others for the National Institutes of Health (NIH) and Substance Abuse and Mental Health Services Administration (SAMHSA).

BRIAN BARNES, CSWE, MACC, MS
Brian Barnes comes to healthcare after a career serving loans for banks. He is a trained and credentialed social worker and therapist for mental health and substance use disorders and came to this work as a behavoral health worker. He is now responsible for integrating behavioral health services into Primary Care (PCPCH) at a FQHC.

DOUG BARRETT, CAC-II, CPS & CPM
Doug Barrett has worked for his Tribe for over 19 years now. His main love is to be on the water and skipper canoes. He also is instrumental in the creation of the Improving Access to Chronic Pain Care program at Progressive Rehabilitation

Mary Borges
Mary Borges is a Nurse Educator with over 35 years of experience in public health in Washington and Oregon. Mary currently works as the Regional Development Coordinator in the Prescription Drug Prevention Program with Portland City Teen Health Authority. Her role in this position is to facilitate a coordinated and comprehensive approach, targeting local public health, patients and community groups to implement best practices and prevention polices. Mary's specialty in Oregon is supporting local health departments in developing a regional system approach for prescription drug overdose prevention.

MELISSA BREWSTER, PHARM.D., BCCP
Dr. Brewster received her Doctor of Pharmacy degree from the University of Utah in 2011. While at the University of Utah, she was awarded the Elizabeth Franklin Gardner Prize recognizing an outstanding woman in health science for her work initiating and passing senate legislation in the state of Utah. She completed her Pharmacy Practice Residency at Alaska Native Medical Center where she focused on the psychiatric needs of patients in rural areas. She was instrumental in the creation of the National Opioid Safety Initiative and was recognized by the College of Psychiatric and Neurologic Pharmacists for her innovative work implementing the first broad-scale pharmacist-managed naloxone program in the country. Melissa also serves as a consultant and lecturer for regional Burning Man events and other festivals to assist in training staff in providing harm reduction services.

GARY ALLEN, DMD
Gary Allen received his DMD from University of Oregon Dental School and a Masters in Endo Biology from Washington University. He is board certified in Oral Pathology and Oral Medicine and is a Fellow of the American College of Dentists. Dr. Allen held a variety of academic, research, educational, and command positions during a 26-year career with the U.S. Army, retiring as a Colonel and Commander of the North Atlantic Regional Dental Command, Water Road Army Medical Center. Since returning to Oregon in 1999, he has participated as a member of several state and local committees, networked with other organizations, and works as a consultant focusing on oral health care access, integration and quality.

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GARY ALLEN, DMD
Gary Allen received his DMD from University of Oregon Dental School and a Masters in Endo Biology from Washington University. He is board certified in Oral Pathology and Oral Medicine and is a Fellow of the American College of Dentists. Dr. Allen held a variety of academic, research, educational, and command positions during a 26-year career with the U.S. Army, retiring as a Colonel and Commander of the North Atlantic Regional Dental Command, Water Road Army Medical Center. Since returning to Oregon in 1999, he has participated as a member of several state and local committees, networked with other organizations, and works as a consultant focusing on oral health care access, integration and quality.

BRIAN BARNES, CSWE, MACC, MS
Brian Barnes came to healthcare after a career serving loans for banks. He is a trained and credentialed social worker and therapist for mental health and substance use disorders and came to this work as a behavorial health worker. He is now responsible for integrating behavioral health services into Primary Care (PCPCH) at a FQHC.

DOUG BARRETT, CAC-II, CPS & CPM
Doug Barrett has worked for his Tribe for over 19 years now. His main love is to be on the water and skipper canoes. He also is instrumental in the creation of the Improving Access to Chronic Pain Care program at Progressive Rehabilitation

Mary Borges
Mary Borges is a Nurse Educator with over 35 years of experience in public health in Washington and Oregon. Mary currently works as the Regional Development Coordinator in the Prescription Drug Prevention Program with Portland City Teen Health Authority. Her role in this position is to facilitate a coordinated and comprehensive approach, targeting local public health, patients and community groups to implement best practices and prevention polices. Mary's specialty in Oregon is supporting local health departments in developing a regional system approach for prescription drug overdose prevention.

MELISSA BREWSTER, PHARM.D., BCCP
Dr. Brewster received her Doctor of Pharmacy degree from the University of Utah in 2011. While at the University of Utah, she was awarded the Elizabeth Franklin Gardner Prize recognizing an outstanding woman in health science for her work initiating and passing senate legislation in the state of Utah. She completed her Pharmacy Practice Residency at Alaska Native Medical Center where she focused on the psychiatric needs of patients in rural areas. She was instrumental in the creation of the National Opioid Safety Initiative and was recognized by the College of Psychiatric and Neurologic Pharmacists for her innovative work implementing the first broad-scale pharmacist-managed naloxone program in the country. Melissa also serves as a consultant and lecturer for regional Burning Man events and other festivals to assist in training staff in providing harm reduction services.
SESSION DESCRIPTIONS

FRIDAY, MAY 18, 2018
0830 AM – 0945 AM
A NATIONAL AND STATEWIDE PERSPECTIVE ON THE OPIOID CRISIS REFILL CLINIC
Facilitator: Paul Cusick, MD, Medical Director, Salem Health Pain Clinic Speakers: Andy Mendelson, MD, DAABPM, DAAPM, Senior Medical Director for Substance Use Disorders Service, Central City Concern, Bruce Barns, BSN, RN, CDE, Controlled Medication Safety Nurse, La Clinica Medford; Veronica Gonzales, RN, CDE, Controlled Medication Safety Nurse, La Clinica Medford; Veronica Mourer, PT, DPT, Physical Therapist, Samaritan Health Services Presentation will review the 5 key domains of best practice pain care outlined in the recent release edition of the Oregon Pain Commission’s popular new online module. Basic principles of pain science will be presented and each domain briefly presented: knowledge of pain, sleep, mood, activity and nutrition. A case study will be used throughout. We will share examples of how to use in patient conversation and identify resources for pain education involved in the Oregon Pain Commission Pain Tracks. Location: Williams Room

HEALTH SYSTEMS TRACK
1005 AM – 1145 AM
SESSION C: HEALTH SYSTEM STRATEGIES TO TRANSFORM PAIN CARE Facilitator: Kimberly Swanson, PhD, Director of Behavioral Health, Mosaic Medical Speakers: Ana Hilde, MD MPH, Child & Adolescent Psychiatry, Oregon Health & Science University; John Mahon, MD, FASAM, FAPA, Psychiatric Medical Director, Jackson County Mental Health Location: FERBER ROOM

FRIDAY, MAY 18, 2018
MORNING BREAK OUT SESSIONS (CONTINUED)

HEALTH SYSTEMS TRACK
SESSION C: HEALTH SYSTEM STRATEGIES TO TRANSFORM PAIN CARE Facilitator: Kimberly Swanson, PhD, Director of Behavioral Health, Mosaic Medical Location: WILDER ROOM

Statewide Performance Improvement Project
Lisa Bui, MBA, Quality Improvement Director, Oregon Health Authority

Changes in the Oregon Pain Bills: Back and Neck Pain
Ari Smits MD, MPH, Medical Director, Health Evidence Review Commission, Oregon Health Authority

Health System Strategies to Transform Pain Care: The EOCO Story
Charles Hofmann, MD, MACP, EOCO Clinical Consultant

Oregon Pain Commission State Task Forces
Kimberly Swanson, PhD, Director of Behavioral Health, Mosaic Medical

COMMUNITY TRACK
SESSION D: COMMUNITY INTERVENTIONS TO TRANSFORM PAIN CARE Facilitator: Laura Heesacker, LSW, Behavioral Health Innovation Specialist, Jackson Care Connect/Care Oregon Location: FERBER ROOM

Peer Support Strategies
Michelle Maniokos, PSS, Peer support specialist, Moving Through Chronic Pain LLC

Chronic Pain Treatment in Older Adults
Laurin Goto, RN, CDE, MPH, BHA, DHA, Project Consultant, NW Senior & Disabilities Services

The Pain Revolution in Lawn & Benton Counties
Lizy Dye, MSN, LCHS, Therapist, ACT Beyond Pain, Linon County Mental Health

Law Enforcement Strategies to Address Oregon’s Opioid Crisis
Chris Gitson, EMPS, Executive Director - Oregon-Idaho HIDTA

LUNCH BREAK
1230 PM – 0130 PM
THE POWER OF COMMUNITY ENGAGEMENT: EXPANDING ACCESS TO MALIGNANCY CARE IN THE AMERICAN WEST – A KEY PIECE OF THE OPIOID CRISIS PUZZLE Facilitator: Jim Strammes, MD, Medical Director/Health Officer, Jackson County Health & Human Services - Julius Pinsky, Executive Director, Max’s Mission - Sara Smith, RN, BSN, Controlled Medication Safety Nurse, La Clinica Medford - Amy Ceran PharmD, Pharmacy Manager, Rogue Community Health Pharmacy - Mark Kantor, RD, Clinical Pharmacist, AllCare Health - John Mahan, MD, FASAM, FAPA, Psychiatric Medical Director, Jackson County Mental Health

PLENARY SESSION: BUILDING 21ST CENTURY SYSTEMS OF CARE FOR SUBSTANCE USE DISORDER Welcome & Introductions
Dwight Holton, CEO, Lines for Life

KEYNOTE: TRANSFORMING CARE FOR SUBSTANCE USE DISORDER Facilitator: Tim Harrett, Executive Director, COIDA, Inc. The Role of Partnerships in Recovery Oriented Systems of Care - Tim Harrett, Executive Director, COIDA, Inc.

IMPACT: A Team-Based Approach to the Care of Addiction in the Hospital - Jessica Gregg, MD, PhD, Associate Professor of Medicine, Oregon Health & Science University

Wheelhouse: Expanding Recovery Options
Justine Pope, MPH, Program Director, Wheelhouse
FRIDAY, MAY 18, 2018

3PM - 3:30PM
UNDERSTANDING OPIATE ADDICTION: A PERSONAL PERSPECTIVE
Arei Hilde, MD, MPH, Child & Adolescent Psychiatry Fellow, Oregon Health & Science University

3:30PM - 4PM
PROBLEM SOLVING EXERCISE
Facilitators: Jim Shames, MD, Medical Director/Health Officer, Jackson County Health & Human Services
- Laura Hessacker, LSW, Behavioral Health Innovation Specialist, Jackson Care Connect/Care Oregon
- Paul Coelho, MD, Medical Director, Salem Health Pain Clinic

4PM - 4:15PM
BREAK

4:15PM - 5:30PM
AFTERNOON BREAKOUT SESSIONS

CLINICAL TRACK
SESSION A: HOW TO USE MAT FOR YOUR PRIMARY CARE PATIENTS
Facilitator: Andrew Suchocki, MD, Medical Director, Clackamas County Health Centers
LOCATION: WILDER ROOM
Primary Care MAT: A Standardization Attempt
- Andrew Suchocki, MD, MPH, Medical Director, Clackamas County Health Centers
Creating a Continuum of Care for Opioid Use Disorder
- Greg Brigham, PhD, CEO, Adapt

SESSION B: HOW TO CREATE A COMMUNITY BASED BUPRENORPHINE-ON-DEMAND TREATMENT SYSTEM
LOCATION: FERBER ROOM
Faster, Easier Access to Medication Assisted Treatment for Opioid Use Disorder
- Jeremy Lynn, MD, FACEP, Medical Director, Emergency Services, Providence Portland Medical Center
- Jim Shames, MD, Medical Director/Health Officer, Jackson County Health & Human Services
- Paul Lewis, MD, MPH, Health Officer, Multnomah County, Tri-County Health Officer, Clackamas, Multnomah, Washington Counties
- John Mahan, MD, FASAM, FAPA, Psychiatric Medical Director, Jackson County Mental Health
- Jessica Gregg, MD, PhD, Associate Professor of Medicine, Oregon Health & Science University

HEALTH SYSTEMS TRACK
SESSION C: RECOVERY SUPPORTS FOR PREGNANT AND PARENTOING WOMEN
LOCATION: HELLERMAN ROOM
Project Nurture Collaborative
- Helen Belarcase, MD, MPH, Associate Medical Director, Health Share of Oregon
- Alison Nezin, MA, CADOC-III, Deputy Director, OXAM
- Christy Hall, Doula, Co-Director, Metta Doulas

COMMUNITY TRACK
SESSION D: USING COMMUNITY TO INSPIRE HOPE AND TRANSFORM LIVES
Facilitator: Ana Wright, Prevention Programs Coordinator, Lines for Life
LOCATION: WILLIAMS ROOM
Clackamas County Overdose Prevention and Recovery Support Projects
- April Herron, MPH, Program Planner, Clackamas County Public Health Division
Tribal Best Practices for Prevention
- Doug Barrrett, OADC-1, OPM, OPM Prevention Activities Coordinator, Confederated Tribes of Coast, Lower Umpqua and Siuslaw Indians
- John Spencer, MSW, PhD, Tribal Consultant, NARA/NW
- Carolee Cruz, CPS, Director of Health and Human Services General Manager, Confederated Tribes of the Warm Springs

5:30PM - 7PM
EVENING RECEPTION AND POSTER SESSION:
Working Together to Pioneer Change in Pain and Addiction Treatment and Take Action to End the Opioid Crisis in Oregon

THE 2018 OREGON CONFERENCE ON OPIOIDS, PAIN AND ADDICTION TREATMENT

THURSDAY, MAY 17, 2018

WORKSHOP 1
A TEAM-BASED APPROACH TO IMPROVING PAIN CARE IN PRIMARY CARE
The Six Building Blocks: A Team-Based Approach to Improving Pain Care in Primary Care
8AM - 12:15PM
Workshop speakers: Michael Parchman, MD, MPH, Senior Investigator, Kaiser Permanente Washington Health Research Institute Director, MacColl Center for Health Care Innovation
Laura Hessacker, LSW, Behavioral Health Innovation Specialist, Jackson Care Connect/Care Oregon
Lisa Shields, Prescription Drug Overdose Prevention Coordinator, Oregon Public Health Division
Mark Stephens, President, Change Management Consulting; Melissa Cantwell, MHA, CPME, Prescription Drug Overdose Prevention Coordinator, Southern Oregon
Learn about the Six Building Blocks framework and its practical applications in primary care. This workshop will feature practices from across the state doing this work, provide participants with knowledge and tools for effective pain care and opioid management, and allow participants the opportunity to discuss and compare/contrast their experience of efforts to address opioid overdose reduction initiatives with others.

WORKSHOP 2
BUPRENORPHINE TRAINING
8AM - 12:15PM
Trainers: Alice Mollo-Christensen, CADCII, Program Manager (East) Recovery Works NW; Jessica Gregg, MD, PhD, Associate Professor of Medicine, Oregon Health & Science University
This training will help participants understand the mechanism and rationale for buprenorphine treatment, selection of patients that are appropriate for buprenorphine treatment and buprenorphine initiation and maintenance procedures.

LUNCH SESSION
UNDERSTANDING PAIN: 45 YEARS OF PAIN SCIENCE IN < 45 MINTUTES
12:30 – 115 PM
Speaker: Kevin Cucaro, DO, Pain Specialist & Consultant

During this lunch session, Dr. Kevin Cucaro will define modern pain science using a new conceptual model, increase your pain awareness, challenge your beliefs and help you think differently about pain.

WORKSHOP 3
TEAM-BASED CARE: COMMUNICATION & SHARED DECISION-MAKING
5 Key Domains of Best Practice Pain Care
115 – 5:30 PM
Workshop Speakers: Nora Stern, MS PT, Clinical Program Manager, Providence Oregon Comprehensive Pain Service, and Oregon Pain Commission Member; Catronia Buist, PsyD, Chair, Oregon Pain Commission, Assistant Professor, Department of Anesthesiology and Perioperative Medicine School of Medicine, Oregon Health & Science University; Alena Guaghenstein, ND, Assistant Professor of Anesthesiology and Perioperative Medicine School of Medicine, College of Medicine, OHSU; Kevin Cucaro, DO, Pain Specialist & Consultant
This afternoon training will explore the 5 key domains of best practice pain care outlined in the recent release edition of the Oregon State Pain Commission’s (OPMC) popular new online module. Basic principles of pain science and each domain will be presented: knowledge of pain, sleep, mood, activity and nutrition. We will present key concepts and strategies for treatment, and identify resources for pain education linked in the OPMC Pain Toolbox. We will also practice phrasing and use of resources for each domain, using a case study. The module, “Changing the Conversation about Pain” and tool box are now available from the OPMC’s website or at www.oregonpainmodule.org.
HIGHLIGHTS
SATURDAY, MAY 19, 2018

805AM - 850AM
KEYNOTE: How to Taper Patients Off of Chronic Opioid Therapy: A Biopsychosocial Approach

Anna Lembke, MD
Associate Professor, Stanford University School of Medicine

Is my patient addicted to prescription opioids, or just dependent? When should I taper patients off of chronic opioid therapy? How fast should I go? What to do if the patient won’t stick to the plan? Come learn the answers to these and many more questions on how to get patients on safer doses of opioids, while still practicing safe and compassionate medicine.

1PM - 330PM
LEADERSHIP FORUM

David Bangsberg, MD, MPH
Dean of OHSU/PSU School of Public Health

Oregon’s stakeholders and leaders have demonstrated a unique ability to come together and enact organizational and legislative policies that improve the health of Oregonians impacted by the opioid epidemic and save lives. Last month, Governor Kate Brown signed an Executive Order declaring addiction a public health crisis in Oregon. Health system leaders have implemented organizational policies that expand access to best practice pain and addiction treatment. We have a tremendous opportunity to use this final conference session as a forum to set the stage for how we move forward as a state to end the opioid crisis.

We will do this by identifying specific rules/statutes and organizational policies within three sections: 1) pain and prescribing; 2) addiction treatment and harm reduction and 3) changing the conversation on pain. We will include topics for discussion where there is not yet consensus – prescribing buprenorphine for pain; safer injection sites; achieving treatment on demand, and others. These conversations will help us come to agreement on next steps.

Together we will create a call to action to end the opioid crisis now.
FRIDAY, MAY 18, 2018

8:30 AM - 9 AM

KEYNOTE: Why do people use drugs? Why do so many people use drugs?

David Labby, MD, PhD
Health Strategy Advisor, Health Share of Oregon

This presentation will look at some of the major societal determinants behind the current opioid epidemic to help shift thinking from “what is wrong” with those impacted to asking “what has happened to them?” It will suggest that a successful health care response to opioids will have to involve significant practice transformation as well as community partnerships.

12:00 PM - 2 PM

KEYNOTE: Transforming Care for Substance Use Disorders

Rachel Solotaroff, MD, MCR
President and CEO, Central City Concern

This session will examine the current state, and potential future state, of our capacity to care for individuals with opioid use disorder in Oregon. Topics such as treatment capacity and availability of evidence-based practice will be explored, as well as how to apply concepts such as the Chronic Care Model and the Patient-Centered Medical Home to substance use disorders care. Finally, this session will explore the intersection between addictions care, housing, and employment opportunities as a way to comprehensively improve outcomes across sectors as well as decrease health care and community costs.
FRIDAY, MAY 18, 2018

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Together we will create a call to action to end the opioid crisis now.
**Friday, May 18, 2018**

**3 PM - 3:30 PM**
**Understanding Opiate Addiction: A Personal Perspective**
Ara Hilde, MD, MPH, Child & Adolescent Psychiatry Fellow, Oregon Health & Science University

**3:30 PM - 4 PM**
**Problem Solving Exercise**
Facilitators: Jim Shames, MD, Medical Director/Health Officer, Jackson County Health & Human Services
- Laura Hesseacker, LSW, Behavioral Health Innovation Specialist, Jackson Care Connect/Care Oregon
- Paul Coelho, MD, Medical Director, Salem Health Pain Clinic

**4 - 4:15 PM**
**Break**

**4:15 PM - 5:30 PM**
**Afternoon Breakout Sessions**

**Clinical Track**
- **Session A: How to Use MAT for Your Primary Care Patients**
  Facilitator: Andrew Suchocki, MD, Medical Director, Clackamas County Health Centers
  
  **Location: Wilder Room**
  Primary Care MAT: A Standardization Attempt
  - Andrew Suchocki, MD, MPH, Medical Director, Clackamas County Health Centers
  - Creating a Continuum of Care for Opioid Use Disorder
  - Greg Brigham, PhD, CEO, Adapt

- **Session B: How to Create a Community Based Buprenorphine-On-Demand Treatment System**
  
  **Location: Ferber Room**
  Faster, Easier Access to Medication Assisted Treatment for Opioid Use Disorder
  - Jeremy Lynn, MD, FACEP, Medical Director, Emergency Services, Providence Portland Medical Center
  - Jim Shames, MD, Medical Director/Health Officer, Jackson County Health & Human Services
  - Paul Lewis, MD, MPH, Health Officer, Multnomah County, Tri-County Health Officer, Clackamas, Multnomah, Washington Counties
  - John Mathan, MD, FASAM, FAPA, Psychiatric Medical Director, Jackson County Mental Health
  - Jessica Gregg, MD, PhD, Associate Professor of Medicine, Oregon Health & Science University

**Health Systems Track**
- **Session C: Recovery Supports for Pregnant and Parenting Women**
  
  **Location: Hellman Room**
  Project Nurture Collaborative
  - Helen Bellance, MD, MPH, Associate Medical Director, Health Share of Oregon
  - Alisa Nezen, MA, CADC-III, Deputy Director, CODA
  - Christy Hall, Doula, Co-Director, Metta Doulas

**Community Track**
- **Session D: Using Community to Inspire Hope and Transform Lives**
  
  **Location: Williams Room**
  Clackamas County Overdose Prevention and Recovery Support Projects
  - Apryl Herron, MPH, Program Planner, Clackamas County Public Health Division
  - Tribal Best Practices for Prevention
  - Doug Barrett, CADC, LPS, CSP, CMP Prevention Activities Coordinator, Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
  - John Spencer, MSW, PhD, Tribal Consultant, NARA/NW
  - Caroline Cruz, CPS, Branch of Health and Human Services General Manager, Confederated Tribes of the Umpqua Indians

**5:30 PM - 7 PM**
**Evening Reception and Poster Session:**
Working Together to Pioneer Change in Pain and Addiction Treatment and Take Action to End the Opioid Crisis in Oregon

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**Friday, May 11, 2018**

**Pre-Conference Workshops**

**Workshop 1**
**A Team-Based Approach to Improving Pain Care in Primary Care**

**The Six Building Blocks: A Team-Based Approach to Improving Pain Care in Primary Care**

8 AM - 12:15 PM

Workshop speakers: Michael Parchem, MD, MPH, Senior Investigator, Kaiser Permanente Washington Health Research Institute Director, MacColl Center for Health Care Innovation
- Laura Hesseacker, LSW, Behavioral Health Innovation Specialist, Jackson Care Connect/Care Oregon
- Lisa Shields, Prescription Drug Overdose Prevention Coordinator, Oregon Public Health Division
- Mark Stephens, President, Change Management Consulting; Melissa Cantwell, MHA, CMP, Prescription Drug Overdose Prevention Coordinator, Southern Oregon

Learn about the Six Building Blocks framework and its practical applications in primary care. This workshop will feature practices from across the state doing this work, provide participants with knowledge and tools for effective pain care and opioid management, and allow participants the opportunity to discuss and compare/contrast their experience of efforts to address opioid overdose reduction initiatives with others.

**Workshop 2**
**Buprenorphine Training**

8 AM - 12:15 PM

Trainers: Alice Mollo-Christensen, CADCII, Program Manager, Oregon Opioid Use Disorder Program; Jessica Gregg, MD, PhD, Associate Professor of Medicine, Oregon Health & Science University

This training will help participants understand the mechanism and rationale for buprenorphine treatment, select patients that are appropriate for buprenorphine treatment and buprenorphine initiation and maintenance procedures.

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**Thursday, May 17, 2018**

**Lunch Session**
**Understanding Pain: 45 Years of Pain Science in < 45 Minutes**

12:30 - 1:15 PM

Speaker: Kevin Cucarro, DO, Pain Specialist & Consultant

During this lunch session, Dr. Kevin Cucarro will define modern pain science using a new conceptual model, increase your pain awareness, challenge your beliefs and help you think differently about pain.

**Workshop 3**
**Team-Based Care: Communication & Shared Decision-Making**

5 Key Domains of Best Practice Pain Care

11:5 - 5:30 PM

Workshop Speakers: Nora Stern, MS, PT, Clinical Program Manager, Providence Oregon Comprehensive Pain Service, and Oregon Pain Commission Member; Catronia Buit, PhD, Chair, Oregon Pain Commission, Assistant Professor, Department of Anesthesiology and Perioperative Medicine School of Medicine, Oregon Health & Science University; Alena Guaghenstein, ND, Assistant Professor of Anesthesiology and Perioperative Medicine, School of Medicine, OHSU; Kevin Cucarro, DO, Pain Specialist & Consultant

This afternoon training will explore the 5 key domains of best practice pain care outlined in the recent release edition of the Oregon State Pain Commission’s (OPMC) popular new online module. Basic principles of pain science and each domain will be presented: knowledge of pain, sleep, mood, activity and nutrition. We will present key concepts and strategies for treatment, and identify resources for pain education linked in the OPMC Pain Toolbox. We will also practice phrasing and use of resources for each domain, using a case study. The module, “Changing the Conversation about Pain” and tool box are now available from the OPMC’s website or at www.oregonpainmodule.org.
Session Descriptions

Friday, May 18, 2018

Session A: Using a Holistic Approach to Transform Pain Care

Facilitator: Paul Ciocco, MD, Medical Director, Salem Health Pain Clinic

Speakers: Andy Mendelson MD, DAAD, DAADP; Moe Elorza, MBA, MD, Assistant Medical Director for Substance Use Disorders, Central City Concern; Brian Borden, CCN; Mark Hime SCSN; Luanne Thorpe, MSN, FNP, Director of Behavioral Health, Central City Concern; Brianna Ramirez, MSW, CSW, Behavioral Health Pain Clinic; Brian Kaiser, MD, MSc, Medical Director of Primary Care, Central City Concern

Presentations will review the 5 key domains of best practice pain care outlined in the recent release edition of the Oregon State Pain Commission’s popular new online module. Basic principles of pain science will be presented and each domain briefly presented: knowledge of pain, sleep, mood, activity and nutrition. A case study will be used throughout. We will share changes that can be made in patient conversation and identify resources for pain education linked in the Oregon Pain Commission Pain Toolboxes. / Location: Williams Room

Health Systems Track

Session B: Health System Strategies to Transform Pain Care

Facilitator: Kimberly Rosen, PhD, Director of Behavioral Health, Mosaic Medical

Speakers: Lisa Bui, MBA, Quality Improvement Director; Oregon Health Authority; Aric Smith MD, MPH, Medical Director, Health Evidence Review Commission, Oregon Health Authority; Charlie Hefner MD, MACP, SCSN, Oregon Health Authority; Kimberly Rosen, PhD, Director of Behavioral Health, Mosaic Medical

Through state and regional system transformations, for the first time in over a decade opioid prescribing has decreased and Oregonians suffering from persistent or chronic non-cancer pain have greater access to safer treatments beyond a medication. In this session, you will hear from state and regional leaders who have been on the forefront large health system transformation to improve access, quality and safety of persistent or chronic non-cancer pain care. / Location: Williams Room

Community Track

Session C: Community Interventions to Transform Pain Care

Facilitator: Zach Lawrence, HCSW, Behavioral Health Innovation Specialist, Jackson Care Coordination/Community Health

Speakers: Michelle Markov MD, PNS, Peer support specialist; Erin King MD, MPH, BSN, Project Manager, Oregon Health Authority; Long Term Care Innovation, NW Senior & Disabilities Service, Lianne Dyche, PhDNM, LSW, Therapist, ACT Beyond Pain, Linn County Mental Health; Veronica Moore, PT, DPT, Physical Therapist, Samaritan Health Services

Transformation of self and effective pain care must include community programs that incorporate the latest research outlining the value of education, movement, mindfulness, and decreased isolation. Come learn models that you can implement into your community that will prevent an over reliance on pills, procedures, and surgeries, and support people living with chronic pain to live full and meaningful lives. / Location: Hollenbe Room

Clinical Track

Session D: Developing a Treatment Plan using the 5 Key Domains of Best Practice Pain Care

Facilitator: Ann Shores, MD, Clinical Director, Oregon Pain Commission/State, Oregon Pain Commission Members; Assistant Professor, Department of Anesthesiology and Perioperative Medicine and Psychiatry, Oregon Health & Science University; Catrina Mielke, RN, Chair; Oregon Pain Management Commission; Assistant Professor, Department of Anesthesiology and Perioperative Medicine and Psychiatry, Oregon Health & Science University

Speakers: Steve Horn, MD; Jennifer Geggie, MD, MPH; Anais Bonnet, MD, Pain Medicine, Oregon Health & Science University; Galen Strong, MD, MPH; Behavioral Health, Mosaic Medical; Opioid and Substance Use Disorder Services, Central City Concern; Brianna Ramirez, MSW, CSW, Behavioral Health Pain Clinic; Brian Kaiser, MD, MSc, Medical Director of Primary Care, Central City Concern

This presenter will share her personal journey with an opiate use disorder highlighting risk factors, development of pain and isolation, neuromechanical impact specific to opioid use and providing support of connection and community to build resilience and hope. / Location: Wilder Room

Health Systems Track

Session E: Health Systems Strategies to Transform Pain Care

Facilitator: Kimberly Swanson, PhD, Director of Behavioral Health, Mosaic Medical

Location: Wilder Room

Statewide Performance Improvement Project

Lisa Bui, MBA, Quality Improvement Director, Oregon Health Authority

Opioid Changes in the Oregon Rural Back and Neck Pain

Aric Smits MD, MPH, Medical Director, Health Evidence Review Commission, Oregon Health Authority

Health System Strategies to Transform Pain Care: The EOCDO Story

Charles Hofmann, MD, MAPC, EOCDO Clinical Consultant

Central Oregon Pain Standards Task Force

Kimberly Swanson, PhD, Director of Behavioral Health, Mosaic Medical

Community Track

Session F: Community Interventions to Transform Pain Care

Facilitator: Laura Heesacker, LSWS, Behavioral Health Innovation Specialist, Jackson Care Coordination/Community Health

Speakers: Michelle Markov MD, PNS, Peer support specialist; Erin King MD, MPH, BSN, Project Manager, Oregon Health Authority; Long Term Care Innovation, NW Senior & Disabilities Service, Lianne Dyche, PhDNM, LSW, Therapist, ACT Beyond Pain, Linn County Mental Health; Veronica Moore, PT, DPT, Physical Therapist, Samaritan Health Services

Law Enforcement Strategies to Address Oregon’s Opioid Crisis

Speaker: Chris Gibson, EMFA, Executive Director – Oregon-Idaho HIGHTA

Chris Gibson will provide a general overview of HIDTA’s role in be the frontline of Threat Assessment and Coordination Strategy report as it pertains to opioids. He will briefly talk about the strategy employed by HIDTA task force to address the threats with an emphasis on dark web cases. This includes highlighting a Portland Police Bureau and Homeland Security Investigations case that reached an issue from HIDTA.

2 - 3PM

Transformation Panel

Facilitator: Tim Hartnett, Executive Director, CODA, Inc. Speakers: Tim Hartnett, Executive Director, CODA, Inc., Andrew Suchocki, MD, MPH, Medical Director, Clackamas County Health Centers, Gregory Pope, MPH, Program Manager, Wheelhouse: Expanding Recovery Options

Panel session will discuss the importance of transforming behavioral health care by supporting the long-term recovery of individuals and families. To achieve this goal, we need to develop new organizational partnerships, improved strategies of collaboration, and innovative interventions to address the public health and policy making. A fundamental shift in the relationships need to be made to support the system of care in 21st century systems of care for substance use disorder.

3 - 3PM

Understanding Opiate Addiction: A Personal Perspective

Speaker: Ann Hilde MD MPH Child & Adolescent Psychiatry Oregon Health & Sciences University

This presenter will share her personal journey with an opiate use disorder highlighting risk factors, development of pain and isolation, neuromechanical impact specific to opioid use and providing support of connection and community to build resilience and hope.

Clinical Track

4:15 - 5:30PM

Making Recovery Possible: How to use MAT for your Primary Care Patients

Speakers: Amy Hilde MD MPH Child & Adolescent Psychiatry Oregon Health & Sciences University; Dr. Julie Fehrenbacher, MD, MPH, Medical Director, Clackamas County Health Centers; Speaker: Andrew Suchak MD, MPH, Medical Director, Opioid Treatment Program, Coos Health Centers, Gregory Brigham, PhD, CeD, AdApe

This presenter will share her personal journey with an opiate use disorder highlighting risk factors, development of pain and isolation, neuromechanical impact specific to opioid use and providing support of connection and community to build resilience and hope.

Lunch Break

12:30PM – 1:30PM

The Power of Community Engagement: Expanding Access to Naloxone in Southern Oregon – A Key Piece of the Opioid Crisis Puzzle

Facilitator: Jim Strannes, MD, Medical Director, Health Officer, Jackson County Health & Human Services; Julia Pinsky, Executive Director, Max’s Mission

Sara Smith, RN, BSN, Controlled Medication Safety Nurse, La Clinica Medford

Amy Cervan PharmD, Pharmacy Therapist, ACT Beyond Pain, Linn County Mental Health

Lianne Dyche, MSW, LCSW, Therapist, ACT Beyond Pain, Linn County Mental Health

Wheelhouse: Expanding Recovery Options

Jessica Gregg, MD, PhD, IMPACT: A Team-Based Approach to the Care of Addiction in the Hospital

Jenica Grego, MD, PhD, Associate Professor of Medicine, Oregon Health & Science University

Wayne Mahan, MD, FASAM, FAPA, Psychiatric Medical Director, Jackson County Mental Health

Wheelhouse: Expanding Recovery Options

Justin Pope, MPH, Program Manager, Wheelhouse

Wheelhouse: Expanding Recovery Options

Onslow: Expanding Access to Naloxone in Southern Oregon – A Key Piece of the Opioid Crisis Puzzle

2:00PM – 3:00PM
This session will help participants identify the issues of incorporating MAT into primary care and become more familiar with both state and practice guidelines for pregnant women.

Speakers: Helen Bellanca, MD, MPH, Associate Medical Director for Outpatient Substance Use Disorders; Carrie Koreishi, MD, MPH, Medical Director, Columbia-Pacific CCO/CareOregon; Michelle Marikos, PSS, Peer support specialist, Moving Abuse Disorder Services, Central City Concern; Jennifer Briones, MD, MACE, Associate Medical Director for Primary Care, Clackamas County Health Centers; Safina Wang, MD, MPH, Assistant Medical Director for Outpatient Substance Use Disorders, Oregon Health Authority; Rebecca Koreishi, MD, MPH, Medical Director, Columbia-Pacific CCO/CareOregon; Melissa Kallgren, RN, BB, Peer Support Specialist, Clackamas County Health Centers; and Gary Allen, DMD, Vice President of Dental Services, Portland Health District

**CLINICAL TRACK SESSION C: HEAL TH SYSTEM CHANGE TO REDUCE PILLS IN CIRCULATION**

**Session C: Health System Change to Reduce Pills in Circulation**

 vignette: “How do you know if your system is doing well?”

**Session D: Community Impact to Reduc e Pills in Circulation**

**Session E: D ifficult Conversations:**

**Session F: Community Impact to Reduce Pills in Circulation**

**Session G: Difficult Conversations:**

**Session H: Community Impact to Reduce Pills in Circulation**

**Session I: Community Impact to Reduce Pills in Circulation**

**Session J: Community Impact to Reduce Pills in Circulation**

**Session K: Community Impact to Reduce Pills in Circulation**

**Session L: Community Impact to Reduce Pills in Circulation**

**Session M: Community Impact to Reduce Pills in Circulation**

**Session N: Community Impact to Reduce Pills in Circulation**

**Session O: Community Impact to Reduce Pills in Circulation**

**Session P: Community Impact to Reduce Pills in Circulation**

**Session Q: Community Impact to Reduce Pills in Circulation**

**Session R: Community Impact to Reduce Pills in Circulation**

**Session S: Community Impact to Reduce Pills in Circulation**

**Session T: Community Impact to Reduce Pills in Circulation**

**Session U: Community Impact to Reduce Pills in Circulation**

**Session V: Community Impact to Reduce Pills in Circulation**

**Session W: Community Impact to Reduce Pills in Circulation**

**Session X: Community Impact to Reduce Pills in Circulation**

**Session Y: Community Impact to Reduce Pills in Circulation**

**Session Z: Community Impact to Reduce Pills in Circulation**
GARY ALLEN, DMD
Gary Allen received his DMD from University of Oregon Dental School and a Masters in Oral Pathology from Oral and Maxillofacial Surgery. He is a Fellow of the American College of Dentists. Dr. Allen has a variety of teaching, academic, research, national, and community positions during a 28-year career with the U.S. Army, retiring as a Colonel and Commander of the North American Dental Command, Water Beech Army Medical Center. Since returning to Oregon in 1999, he has participated as a member of several state and local organizations. He has had numerous commissions focusing on oral health care access, integration and quality.

BRIAN BARNES, CSW, MAC, CIC
Brian Barnes came to healthcare after a career serving teens for baton. He is a trained and certified social worker and therapist for mental health and substance use disorders and came to this work as a behavioral health worker. He is now responsible for integrating behavioral health services into Primary Care (PCPCH) at a FQHC.

DOUG BARRETT, CAD-C, CPS, CP, C&AM
Doug Barrett has worked for his wife for over 19 years now. He has taken on the prevention efforts for Yuba Youth and their families, while helping youth and adults seek treatment. His main love is to be on the water and skipper canoes.

LYDIA ANN & BARROWLOW, DNP, PHN, M-A/P
Lydia Ann is a doctoral prepared psychiatric nurse practitioner, substance use disorder specialist, and educator located in Portland, Oregon. She is the Associate Medical Director of Outpatient Substance Use Disorders at Central City Concern, a houseless health services center. She provides direct care for multidisciplinary clients, and oversees the safety and clinical quality of all patient care.

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Continuing Education Credits
ACCCO
All conference sessions are ACCCO approved. See below for credit hours.

Continuing Medical Education Credit
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of St. Charles Health System and Lines for Life. St. Charles Health System is accredited by the Oregon Medical Association to provide continuing medical education for physicians.

St. Charles Health System Designates this Live Activity for a maximum of 19.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Thursday, May 17 - Pre-Conference
Workshops 1, 2 & 3: 4:25 AMA PRA Category 1 Credits™
Lunch Session .75 AMA PRA Category 1 Credits™
Total 9.0 AMA PRA Category 1 Credits™

Friday, May 18 - Day 1
7.6 credit hours AMA PRA Category 1 Credits™

Saturday, May 19 - Day 2
3.75 AMA PRA Category 1 Credits™

A certification of completion will be provided to those attendees requesting certificates and will be available for pick up at the registration desk at the end of each conference day. ACCCO and CME certificates will also be available.

TARGET AUDIENCE
Physicians, dentists, pharmacists, nurses, nurse practitioners, naturopathic physicians, medical assistants, administrators, public health, substance use disorder treatment providers, mental health treatment providers, tribal leaders and health care providers, case managers, law enforcement, community members and others.

LEARNING OBJECTIVES
• Apply a coordinated, team-based approach to provide safer and more effective pain care
• Explain how to build better clinical pathways for managing persistent pain and opioid use disorder
• Describe health system, clinical and community strategies to reduce opioid abuse and improve access to effective and safer alternatives to opioids for pain treatment
• Demonstrate effective information exchange with teaming partners, with their families and professionals associate
sodium intake in patients with substance use disorders and is involved in community outreach. He is a member of Oregon Public Health, a coalition to educate and promote safe opioid prescribing practices, and contributed to the Oregon opioid MEO calculator project. He works with community groups to provide education about sodium and drug take-back programs.

Mark leads the provider interface working group for the Southern Oregon CCO collaborative for safer opioid prescribing. He has spearheaded the movement to get take-back sites in Jackson, Del Norte, and Curry counties in the past. His love of the outdoors, transformation efforts in Oregon, Susan has more than 25 years of healthcare leadership experience in a variety of hospital and ambulatory settings, and is passionate about access to care for vulnerable populations.

SAFINA KOREISHI, MD MPH

Safina Koreishi is a medical director of Columbia Pacific CCO and Assistant Professor of Medicine with Oregon Health and Science University. Dr. Koreishi received a Master’s degree and Doctorate in Public Health from Oregon State University. She is the Co-Director of the Oregon Health and Science University Prehospital Emergency Medicine Fellowship and the Co-Director of the Prehospital Emergency Medicine Fellowship. Dr. Koreishi is a board-certified Emergency Physician by the American Board of Emergency Medicine and the American Board of Emergency Medicine. She is passionate about improving care for patients with opioid use disorder and has dedicated her career to bridging the gap between providers and their patients.

ELISABETH MAXWELL, MD, PhD

Elisabeth Maxwell is the Director of the Opioid Overdose Prevention and Coordination and the Prescription Drug Overdose Prevention Coordination Committees. She is the Clinical Director of the Multnomah County’s Opioid Overdose Prevention Program. Elisabeth works with her Alcohol and Drug Prevention Team members in planning and implementing the Lane County Alcohol and Drug prevention work plan. Elisabeth has a background in public health, social work, substance abuse treatment, and clinical care. She has a Master’s degree and doctorate in Public Health from Oregon State University. Elisabeth comes to Lane County Public Health from the University of Oregon (UO), where she worked for two years in the Student Health Center in Oregon Health Promotions Department overseeing sexual health and the clinical community health care planning, evaluation, and implementation.

ANDE MENDENHALL, MD

Dr. Ande Mendenhall is a Board-Certified Emergency Medicine. He graduated from the University of Washington and received his medical degree from the University of Washington. Dr. Ande Mendenhall is a board-certified Emergency Medicine. He has a special interest in social determinants of health, developmental origins of health, and health disparities, and has given current government programs include increasing opioid-related deaths, poor quality, and addressing health disparities. In his work on improving quality among health disparity groups, he has focused on using complexity science to explore pain, opioid use, and addiction treatment. Dr. Ande Mendenhall is a board-certified Emergency Medicine. He has a special interest in social determinants of health, developmental origins of health, and health disparities, and has given current government programs include increasing opioid-related deaths, poor quality, and addressing health disparities. In his work on improving quality among health disparity groups, he has focused on using complexity science to explore pain, opioid use, and addiction treatment.
Oregon Pain Guidance (OPG) is a leader in the field of safe pain management and has created a model for standardized community guidelines and best practices for treating pain. OPG is a diverse group of 70 health care professionals from Jackson and Josephine counties, formed to respond to the growing number of prescription opioid deaths in the community. OPG has hosted pain conferences for 6 years, achieving national recognition for their problem-solving based approach to learning and collaboration.

Lines for Life, an Oregon non-profit dedicated to preventing substance abuse and suicide, worked in collaboration with OPG to plan the Oregon Conference on Opioids, Pain and Addiction Treatment. OPG recognized planning and executing a larger scale conference included the need for broader organizing and a fiscal agent with stronger influence at the state and federal level and asked Lines for Life to convene the conference. Lines for Life in turn recognized the immense value of the experience and past relationships OPG formed with local partners, faculty and other content experts across the state.

Although the structure of the conference shifted to meet the expanded focus on opioid, pain and addiction treatment, the core elements of the prior pain conferences remained intact. OPG’s approach and guidance was essential to conference planning – ensuring a dynamic educational experience rooted in current research and best practices.

We’d like to express our gratitude and appreciation to Laura Heesacker and Dr. Jim Shames. Laura and Dr. Shames provided the key ingredients to conference planning: expertise, experience, compassion and knowledge.

Oregon Pain Guideline Leadership

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The opioid crisis is wreaking havoc on individuals, families and communities in Oregon and nationwide. The Centers for Disease Control estimates more than 63,600 people in the United States lost their lives to drug overdose in 2016. In Oregon, drug overdose has overtaken motor vehicle crashes as a cause of death. Although Oregon no longer ranks the highest in opioid misuse in the nation, increased opioid abuse has resulted in an alarming increase of hepatitis C virus (HCV) infections and overdose for people who inject substances. This epidemic has stretched the capacity of health systems, clinicians and communities to find effective strategies that address the complex challenges of providing safe and effective treatments for pain, reducing the number of opioids prescribed, and removing barriers to treatment for opioid addiction.

We can solve this crisis by joining together across disciplines, practice, and regions to mount a comprehensive response to these complex challenges. In Oregon, we have demonstrated a remarkable ability to bring state and local partners together to find innovative solutions. The Oregon Conference on Opioids, Pain and Addiction Treatment has been shaped and informed by efforts led by state and local governments, health systems, and communities to tackle this crisis. By bringing diverse stakeholders together, the conference serves as a catalyst to inspire change.

For six years, Oregon Pain Guidance (OPG) has hosted an annual pain conference, *A Thoughtful Approach to Pain Management*, nationally recognized for its problem-solving based approach to learning and collaboration. The conference has now grown into a statewide effort – building upon the successful model pioneered by OPG.

The Oregon Conference on Opioids, Pain and Addiction Treatment, hosted by Lines for Life, is the first of its kind statewide event. The expanded synergy across the state and new funding for opioid abuse and prevention activities, presented an opportunity for this conference to become the conference on opioids, pain and addiction treatment for Oregon. The conference is sponsored by the Oregon Health Authority with additional support from health system, behavioral health, law enforcement and community partners. We are incredibly thankful for this support from a large and diverse number of partners committed to ending this crisis.

Since 2015, we have been bringing together stakeholders at regional summits across Oregon to share best practices, inspire and support local action to end Oregon’s opioid crisis. The conference will use the power of convening provided by Lines for Life combined with the expertise of OPG and the commitment and passion of conference participants to spark enduring change.

For the next three days, we will share our successes and lessons learned. We will participate in problem-solving sessions led by state and national experts using real-life clinical and policy initiatives to enhance our understanding and ability to effect change. Most importantly, we will go back to our respected organizations and inspire others to work together to defeat the opioid crisis and transform pain management and addiction treatment.
Thank you to our conference sponsors and planning team

The Oregon Conference on Opioids, Pain and Addiction Treatment is hosted by Lines for Life and funded through Oregon Health Authority. In addition it would not have been possible without the support of our generous donors.

This event was supported by the Oregon Health Authority Cooperative Agreement 6 NU17 CE 002751-03-03, funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.

This event is a joint providership between St. Charles Health System and Lines for Life. St. Charles Health System is accredited by the Oregon Medical Association to provide continuing medical education for physicians.

We would like to extend a special thank you to:

Planning Advisory Team
Catriona Buist, PsyD; Melissa Cantwell, MHA, CMPE; Paul Coelho, MD; Laura Heesacker, LCSW; Tim Hartnett; Dwight Holton; David Labby, MD, PhD; Anna Leimbke, MD; Jim Shames, MD; Nora Stem, MS PT; Elizabeth White, MPA

Keynote Speakers
David Labby, MD, PhD; Anna Leimbke, MD; Amy Peeples, MPA; Rachel Solotaroff, MD

Presenters
Lavinia Goto, RN, CDE, MBA, MPH, DHA
Alena Guggenheim, ND
Christy Hall
Tim Hartnett
Laura Heesacker, LCSW
Aryl L. Herron, MPH
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Rachel Solotaroff, MD, MCR
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Mark Stephens
Nora Stem, MS PT
Andrew Suchowki, MD, MPH
Brianna Tustenski, MD, DABIM, DABAM
Kimberly Swanson, PhD
Rebecca Wood

Conference Support
Lines for Life Staff: Elizabeth White, Donna Loemay, Asi Wright, Lauren Miller, Jaime Chaffe, Fiona Milligan, Debbie Zwetschkenbaum, Shari Altree, Natalie Sept and Leli Gillette

OPIOIDS IN LANE COUNTY: WHAT YOU NEED TO KNOW

Hosted by: Lane County Pain Guidance & Safety Alliance

Topics include:
- Alternatives to pain management
- Substance abuse treatment options
- Overdose response training

Food & Refreshments provided
Free Narcan provided to those who attend overdose response training.

May 17, 2018
Eugene Public Library
5:30-7:30 pm
Presentations begin at 5:45

Lane County encourages persons with disabilities to participate in their programs and activities.
Please email Leilani Brewer at leilani.brewer@co.lane.or.us or call 541.799.3377 to request accommodations. Presentation materials in a non-English language available upon request.
Thank you to our sponsors

Alkermes
AllCare
Bend Treatment Center
Care Organization
CareOregon
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Free by the Sea Treatment Facility

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HealthShare
GH Alliance
Jackson Care Connect
Jackson County Health + Human Services
Kaiser
Lane County Pain Guidance
and Safety Alliance

Lines for Life
Max’s Mission
Oregon Pain Guidance
Oregon Prevention Education
and Recovery Association
Willamette Health, Inc.

ORANGE CONFERENCE ON
OPIOIDS, PAIN + ADDICTION TREATMENT

Pioneering Change

ENDING THE OPIOID CRISIS STARTS NOW

MAY 17 - 19, 2018
HILTON EUGENE | EUGENE, OREGON

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